

## Lone Trygg Wik

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 01:08.01 AQUA-poäng: 403 Datum: 2023-11-11 Tävling: Sum-Sim regionfinal 2023 Stockholm

| Tid      | AQUA | Omgång | Datum      | Tävling                            |
|----------|------|--------|------------|------------------------------------|
| 01:32.79 | 158  | Final  | 2021-05-09 | Temporärrace 3 Spånga              |
| 01:30.53 | 171  | Final  | 2021-09-16 | Tensta Cup 3 2021                  |
| 01:26.02 | 199  | Final  | 2021-11-18 | Tensta Cup 4 2021                  |
| 01:25.27 | 204  | Final  | 2021-12-04 | Höstsimiaden 2021 Åkeshov          |
| 01:24.72 | 208  | Final  | 2021-10-10 | HEAD to Head 2021                  |
| 01:16.56 | 282  | Final  | 2022-04-02 | Tureberg knatte cup 2022           |
| 01:12.28 | 336  | Final  | 2022-09-15 | Tensta cup 3 15 september 2022     |
| 01:12.20 | 337  | Final  | 2022-09-24 | Septembersim 2022                  |
| 01:12.16 | 337  | Final  | 2022-09-24 | Septembersim 2022                  |
| 01:11.31 | 349  | Final  | 2022-10-16 | UGP3, 2022 ERIKSDAL                |
| 01:11.09 | 353  | Final  | 2022-10-09 | Polisen Head to Head 2022          |
| 01:11.06 | 353  | Final  | 2022-12-11 | Åkeshov invitational               |
| 01:10.44 | 363  | Final  | 2024-01-28 | UGP 1, Eriksdalsbadet              |
| 01:10.28 | 365  | Final  | 2023-10-15 | UGP3, 2023, Norrtälje              |
| 01:09.80 | 373  | Final  | 2023-01-29 | UGP 1, 2023 Eriksdal               |
| 01:09.13 | 384  | Final  | 2023-12-10 | Åkeshov Invitational 2023          |
| 01:08.58 | 393  | Final  | 2023-09-30 | Septembersim 2023                  |
| 01:08.28 | 398  | Final  | 2024-03-24 | Solna Sun Cup                      |
| 01:08.01 | 403  | Final  | 2023-11-11 | Sum-Sim regionfinal 2023 Stockholm |