

## Ellen Palmqvist

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:29.85 AQUA-poäng: 453 Datum: 2024-04-27 Tävling: Ullbergstrofén final

| Tid      | AQUA | Omgång | Datum      | Tävling                        |
|----------|------|--------|------------|--------------------------------|
| 00:29.85 | 453  | Final  | 2024-04-27 | Ullbergstrofén final           |
| 00:30.10 | 0    | Final  | 2024-03-13 | KSLS Cupen 2024_2              |
| 00:30.34 | 431  | Final  | 2024-02-11 | KM 1                           |
| 00:30.54 | 423  | Final  | 2023-12-20 | Julavslutning 2023             |
| 00:30.58 | 421  | Final  | 2023-12-09 | Björken Sprint                 |
| 00:30.60 | 420  | Final  | 2024-03-09 | S 71-Cup                       |
| 00:31.02 | 403  | Final  | 2024-02-17 | ICA Supermarket Cup 2024       |
| 00:31.17 | 398  | Final  | 2023-09-30 | ICA Supermarket Meet 2023      |
| 00:31.50 | 385  | Final  | 2023-05-06 | Vårsimiaden 2023               |
| 00:31.79 | 375  | Final  | 2023-02-15 | KM 1                           |
| 00:31.93 | 370  | Final  | 2023-02-04 | KVIK Årgangs- og Børnecup 2023 |
| 00:32.28 | 358  | Final  | 2023-05-06 | Vårsimiaden 2023               |
| 00:32.49 | 351  | Final  | 2023-02-03 | KVIK Årgangs- og Børnecup 2023 |
| 00:32.50 | 351  | Final  | 2022-12-07 | KM 7                           |
| 00:32.77 | 342  | Final  | 2022-12-03 | Höstsimiaden 2022              |
| 00:32.95 | 337  | Final  | 2022-12-03 | Höstsimiaden 2022              |
| 00:33.34 | 325  | Final  | 2022-10-19 | KM 5                           |
| 00:34.00 | 306  | Final  | 2022-09-11 | Sparbanken Skåne Cup           |
| 00:34.30 | 298  | Final  | 2022-12-11 | Björken Sprint                 |
| 00:34.43 | 295  | Final  | 2022-05-08 | Vårsimiaden 2022 HÖGANÄS       |