

## Isabell Wertheim

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:30.30 AQUA-poäng: 626 Datum: 2023-10-29 Tävling: Ystad  
Grand Prix 2 / Swedish Grand Prix

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 04:55.91 | 493  | Final  | 2021-10-03 | Speedo Swim Meet 2021                   |
| 04:52.93 | 509  | Final  | 2021-10-16 | UGP 3                                   |
| 04:50.91 | 519  | Final  | 2021-12-19 | Dual Meet                               |
| 04:46.39 | 544  | Final  | 2021-11-14 | Sum-Sim regionfinal Göteborg            |
| 04:43.90 | 559  | Final  | 2022-05-28 | 23th DANISH INTERNATIONAL SWIM CUP      |
| 04:40.82 | 577  | Final  | 2022-10-02 | Speedo Swim Meet 2022                   |
| 04:40.69 | 578  | Final  | 2022-11-13 | Sum-Sim regionfinal 2022 VSSF           |
| 04:38.95 | 589  | Final  | 2022-09-04 | Varberg Swim Games                      |
| 04:37.10 | 601  | Final  | 2022-10-15 | UGP 3                                   |
| 04:36.59 | 604  | Final  | 2022-10-23 | DM/JDM 25m VSSF 2022                    |
| 04:34.82 | 596  | Final  | 2023-11-23 | SM/JSM (25m) 2023                       |
| 04:32.69 | 631  | Final  | 2022-12-18 | Sum-Sim riksfinal 2022                  |
| 04:31.85 | 615  | Final  | 2023-10-29 | Ystad Grand Prix 2 / Swedish Grand Prix |
| 04:30.96 | 643  | Final  | 2023-09-10 | Varberg Swim Games 2023                 |
| 04:30.95 | 622  | Final  | 2023-10-22 | DM/JDM 25m VSSF 2023                    |
| 04:30.30 | 626  | Final  | 2023-10-29 | Ystad Grand Prix 2 / Swedish Grand Prix |