

## Henry Palm

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:27.18 AQUA-poäng: 455 Datum: 2023-07-07 Tävling: LH-Games 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 00:46.77 | 89   | Final  | 2018-08-25 | Swim for Life                     |
| 00:44.01 | 107  | Final  | 2018-06-18 | Färsingadoppet 2018               |
| 00:38.11 | 165  | Final  | 2019-08-24 | Swim for Life 2019                |
| 00:38.01 | 166  | Final  | 2019-06-09 | Citadellsim 2019                  |
| 00:34.27 | 227  | Final  | 2020-06-06 | Fritzaplumset3                    |
| 00:32.85 | 257  | Final  | 2020-08-22 | Swim For Life                     |
| 00:31.06 | 305  | Final  | 2022-03-18 | Kronborg Open 2022                |
| 00:29.42 | 359  | Final  | 2022-07-10 | LH-Games 2022                     |
| 00:29.08 | 371  | Final  | 2022-05-22 | Laxaleken 2022                    |
| 00:29.03 | 373  | Final  | 2022-06-18 | Österlen Swim Challenge           |
| 00:28.85 | 380  | Final  | 2022-07-09 | LH-Games 2022                     |
| 00:28.14 | 410  | Final  | 2023-03-10 | Kronborg Open 2023                |
| 00:28.10 | 412  | Final  | 2022-08-28 | Swim for Life 2022                |
| 00:27.92 | 420  | Final  | 2024-03-01 | Kronborg Open 2024                |
| 00:27.84 | 423  | Final  | 2024-02-03 | Sportringen Sprint Meet           |
| 00:27.63 | 433  | Final  | 2023-05-28 | Citadellsim 2023                  |
| 00:27.55 | 437  | Final  | 2024-04-08 | Malmsten Swim Open Stockholm 2024 |
| 00:27.52 | 438  | Final  | 2023-08-27 | Swim For Life 2023                |
| 00:27.53 | 438  | Final  | 2023-08-27 | Swim For Life 2023                |
| 00:27.47 | 441  | Final  | 2023-07-08 | LH-Games 2023                     |