

## Sara Högstedt

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:29.77 AQUA-poäng: 456 Datum: 2020-10-21 Tävling: Göteborg  
Sim Sum-Sim Kval

| Tid      | AQUA | Omgång | Datum      | Tävling                                         |
|----------|------|--------|------------|-------------------------------------------------|
| 00:30.03 | 445  | Final  | 2021-11-28 | Barracuda Race - Henning Degerman Memorial 2021 |
| 00:30.00 | 446  | Final  | 2021-11-14 | Sum-Sim regionfinal Göteborg                    |
| 00:30.10 | 442  | Final  | 2021-09-25 | Trollsimmet 2021                                |
| 00:29.77 | 456  | Final  | 2020-10-21 | Göteborg Sim Sum-Sim Kval                       |
| 00:30.02 | 445  | Final  | 2020-10-14 | Göteborg Sim Micro                              |
| 00:30.59 | 421  | Final  | 2020-06-28 | KM 2                                            |
| 00:31.26 | 394  | Final  | 2019-11-24 | Barracuda Race - Henning Degerman Memorial 2019 |
| 00:31.82 | 374  | Final  | 2019-09-21 | Wadköpingsdoppet 2019                           |
| 00:32.83 | 340  | Final  | 2019-03-02 | Sandaredssimmet 2019                            |
| 00:32.24 | 359  | Final  | 2019-02-02 | Skene SOIS Medley Cup                           |
| 00:34.46 | 294  | Final  | 2018-11-25 | Barracuda Race                                  |
| 00:34.96 | 282  | Final  | 2018-09-29 | Arena Trollsim 2018                             |
| 00:35.01 | 280  | Final  | 2018-09-22 | Upp till 13 2018                                |
| 00:35.77 | 263  | Final  | 2018-09-22 | Upp till 13 2018                                |
| 00:37.20 | 243  | Final  | 2018-03-03 | Sandaredssimmet 2018                            |
| 00:38.03 | 228  | Final  | 2017-11-26 | Barracuda Race                                  |
| 00:43.01 | 157  | Final  | 2017-10-07 | Upp till 13 2017                                |
| 00:40.00 | 196  | Final  | 2017-09-23 | Arena Trollsim 2017                             |