

## Frank Rosén

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 01:05.11 AQUA-poäng: 326 Datum: 2024-03-24 Tävling: GIH-games 2024

| Tid      | AQUA | Omgång | Datum      | Tävling                            |
|----------|------|--------|------------|------------------------------------|
| 01:05.11 | 326  | Final  | 2024-03-24 | GIH-games 2024                     |
| 01:05.50 | 320  | Final  | 2023-11-12 | Sum-Sim regionfinal 2023 Stockholm |
| 01:06.26 | 309  | Final  | 2023-12-09 | Åkeshov Invitational 2023          |
| 01:07.31 | 295  | Final  | 2023-09-30 | Septembersim 2023                  |
| 01:09.72 | 266  | Final  | 2023-03-25 | GIH-games 2023                     |
| 01:12.99 | 231  | Final  | 2022-12-10 | Åkeshov invitational               |
| 01:17.53 | 194  | Final  | 2022-02-05 | Tempo-Race 1 (25m) 2022            |
| 01:18.06 | 190  | Final  | 2022-02-20 | Neppan Knatte Vinter 2022          |
| 01:18.24 | 189  | Final  | 2021-12-04 | Höstsimiaden 2021 Åkeshov          |
| 01:20.14 | 176  | Final  | 2021-10-23 | Aquarapid Knattesim 2021           |
| 01:20.60 | 173  | Final  | 2021-09-25 | Neppan Knatte-Cup Höst 2021        |
| 01:32.26 | 0    | Final  | 2020-10-17 | Neppan Micro III                   |
| 01:40.80 | 88   | Final  | 2019-09-22 | Neppan Knatte-Cup Höst 2019        |