

## Tilda Isenstam

Se detaljerad information och personbästatider

Gren: 100m Fjärilsim (25) Personbästa: 01:09.88 AQUA-poäng: 476 Datum: 2022-12-17 Tävling: Sum-Sim riksfinal 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                        |
|----------|------|--------|------------|------------------------------------------------|
| 01:09.88 | 476  | Final  | 2022-12-17 | Sum-Sim riksfinal 2022                         |
| 01:09.88 | 462  | Final  | 2023-11-11 | Sum-Sim regionfinal 2023 Falun                 |
| 01:10.18 | 470  | Final  | 2022-11-12 | Sum-Sim regionfinal 2022 ÖREBRO                |
| 01:10.51 | 450  | Final  | 2024-01-06 | Palles Minne 2024                              |
| 01:11.94 | 424  | Final  | 2023-10-08 | Jöns Svanbergsimmet 25m 2023                   |
| 01:12.08 | 421  | Final  | 2023-09-23 | Swedish Swim Games 2023 - Grand Prix 1         |
| 01:12.97 | 418  | Final  | 2023-01-06 | Palles Minne - TYR Cup 2023                    |
| 01:13.46 | 410  | Final  | 2022-10-09 | Senior-DM, Junior-DM och DM-Parasim (25m) 2022 |
| 01:13.99 | 401  | Final  | 2023-02-12 | US-Open 2023                                   |
| 01:14.00 | 401  | Final  | 2022-09-24 | Wadköpingsdoppet 2022                          |
| 01:14.58 | 392  | Final  | 2023-02-04 | NUSS Yngre (25m)                               |
| 01:15.17 | 383  | Final  | 2022-09-11 | Jöns Svanbergsimmet 25m 2022                   |
| 01:17.62 | 348  | Final  | 2022-02-12 | US-Open 2022                                   |
| 01:23.91 | 275  | Final  | 2021-09-12 | Jöns Svanbergsimmet 25m 2021                   |
| 01:24.15 | 273  | Final  | 2021-09-25 | Wadköpingsdoppet 2021                          |
| 01:27.67 | 241  | Final  | 2020-09-19 | Wadköpingsdoppet 2020                          |
| 01:34.68 | 191  | Final  | 2020-02-02 | NUSS Yngre (25m) 2020                          |
| 01:39.36 | 166  | Final  | 2019-10-20 | Jöns Svanbergsimmet 25m 2019                   |
| 01:51.81 | 116  | Final  | 2019-03-03 | Poängsim 3 2018-2019                           |