

## Tilda Isenstam

Se detaljerad information och personbästatider

Gren: 50m Fjärilsim (25) Personbästa: 00:32.45 AQUA-poäng: 424 Datum: 2024-01-06 Tävling: Palles Minne 2024

| Tid      | AQUA | Omgång | Datum      | Tävling                                        |
|----------|------|--------|------------|------------------------------------------------|
| 00:32.45 | 424  | Final  | 2024-01-06 | Palles Minne 2024                              |
| 00:33.01 | 402  | Final  | 2023-02-11 | US-Open 2023                                   |
| 00:33.05 | 401  | Final  | 2022-10-08 | Senior-DM, Junior-DM och DM-Parasim (25m) 2022 |
| 00:33.25 | 394  | Final  | 2023-01-06 | Palles Minne - TYR Cup 2023                    |
| 00:33.27 | 393  | Final  | 2023-02-05 | NUSS Yngre (25m)                               |
| 00:33.54 | 384  | Final  | 2022-09-25 | Wadköpingsdoppet 2022                          |
| 00:33.76 | 376  | Final  | 2022-09-11 | Jöns Svanbergsimmet 25m 2022                   |
| 00:34.44 | 354  | Final  | 2022-02-12 | US-Open 2022                                   |
| 00:34.70 | 346  | Final  | 2021-09-26 | Wadköpingsdoppet 2021                          |
| 00:34.75 | 345  | Final  | 2023-02-04 | NUSS Yngre (25m)                               |
| 00:35.11 | 334  | Final  | 2021-12-04 | Höstsimiaden 2021 Söderhamn                    |
| 00:36.86 | 289  | Final  | 2021-09-12 | Jöns Svanbergsimmet 25m 2021                   |
| 00:37.48 | 275  | Final  | 2020-09-20 | Wadköpingsdoppet 2020                          |
| 00:41.18 | 207  | Final  | 2020-01-05 | Palles Minne - TYR Cup 2020                    |
| 00:41.82 | 198  | Final  | 2020-02-01 | NUSS Yngre (25m) 2020                          |
| 00:42.67 | 186  | Final  | 2019-10-20 | Jöns Svanbergsimmet 25m 2019                   |
| 00:43.44 | 176  | Final  | 2019-09-08 | Arena Open 2019                                |
| 00:43.51 | 175  | Final  | 2019-10-05 | Tureberg Knatte Cup 2019_2                     |
| 00:48.58 | 126  | Final  | 2019-01-19 | ENA Games                                      |
| 00:48.95 | 123  | Final  | 2019-02-02 | NUSS Yngre (25m)                               |