

Alexander Alvstrand

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:29.54 AQUA-poäng: 317 Datum: 2023-12-17 Tävling: KM 5

Tid	AQUA	Omgång	Datum	Tävling
00:41.82	113	Final	2019-12-07	Team Race Meet TYR 2019
00:40.42	125	Final	2018-12-08	Team Race Meet TYR 2018
00:39.47	135	Final	2019-11-24	Barracuda Race - Henning Degerman Memorial 2019
00:54.08	52	Final	2017-11-17	KM 4 & 5
00:50.17	65	Final	2018-01-10	KM 1
00:47.15	79	Final	2018-01-20	David Lega Cup
00:45.75	86	Final	2018-03-03	Sandaredssimmet 2018
00:45.53	88	Final	2018-11-14	KM4
00:43.20	103	Final	2018-10-20	Simbadoppet/Swimcamp Borås
00:41.90	113	Final	2019-02-02	Skene SOIS Medley Cup
00:40.23	127	Final	2019-03-23	Stippen 2
00:29.54	317	Final	2023-12-17	KM 5
00:39.04	139	Final	2019-10-25	Stippen 4
00:38.50	145	Final	2020-02-02	DiTEC Swim Meet 2020
00:35.02	193	Final	2020-09-20	Loranga Cup
00:32.66	238	Final	2021-04-04	Kungsbacka temporärrace 2
00:31.90	252	Final	2021-11-28	Barracuda Race - Henning Degerman Memorial 2021
00:31.49	262	Final	2021-12-19	Dual Meet
00:30.80	280	Final	2022-09-03	Varberg Swim Games
00:29.97	304	Final	2024-03-15	KM 1