

## Zamie Skog

Se detaljerad information och personbästatider

Gren: 100m Ryggswim (25) Personbästa: 01:16.19 AQUA-poäng: 373 Datum: 2022-10-01 Tävling: Speedo Swim Meet 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 01:16.19 | 373  | Final  | 2022-10-01 | Speedo Swim Meet 2022                   |
| 01:16.62 | 367  | Final  | 2022-10-30 | Ystad Grand Prix 2 / Swedish Grand Prix |
| 01:16.84 | 364  | Final  | 2021-11-27 | Sim à Lund - GUL Challenge              |
| 01:16.85 | 364  | Final  | 2021-11-14 | Sum-Sim Regionfinal 2021 Ängelholm      |
| 01:17.55 | 354  | Final  | 2023-03-05 | Öresund Meeting 2023                    |
| 01:18.22 | 345  | Final  | 2023-01-14 | Swedbanks Medalj jakt EM 230114         |
| 01:19.84 | 324  | Final  | 2022-03-06 | Öresund Meeting 2022                    |
| 01:19.99 | 323  | Final  | 2021-04-09 | Temporärrace 7                          |
| 01:20.89 | 312  | Final  | 2021-10-16 | SwedbankMedalj jakt EM 211016           |
| 01:21.12 | 309  | Final  | 2020-09-26 | Seriesim div 2 omg 1 20-21              |
| 01:22.40 | 295  | Final  | 2020-09-06 | Rönneracet 2020 Special edition         |
| 01:23.47 | 286  | Final  | 2020-02-16 | Seriesim div. 2 omg. 3                  |
| 01:26.14 | 260  | Final  | 2020-01-26 | UGP 2 2020                              |
| 01:27.86 | 245  | Final  | 2020-06-28 | Riksmästerskap (25m) 2020 Helsingborg   |
| 01:28.69 | 238  | Final  | 2019-05-11 | Medalj jakt A, T 190511                 |
| 01:29.78 | 230  | Final  | 2019-09-08 | Arena Poseidon Team Cup                 |
| 01:30.35 | 225  | Final  | 2019-09-22 | Speedo Swim Meet 2019                   |
| 01:32.36 | 211  | Final  | 2019-10-20 | Upp till 13                             |
| 01:43.08 | 152  | Final  | 2018-05-06 | Simiaden                                |
| 01:49.05 | 128  | Final  | 2017-09-23 | Upp till 13                             |