

## Lilly Frost

Se detaljerad information och personbästatider

Gren: 100m Bröstsöm (25) Personbästa: 01:13.20 AQUA-poäng: 618 Datum: 2023-12-09 Tävling: ZSum-Sim riksfinal 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 01:13.20 | 618  | Final  | 2023-12-09 | ZSum-Sim riksfinal 2023                 |
| 01:13.20 | 618  | Final  | 2023-12-09 | Sum-Sim riksfinal 2023                  |
| 01:13.33 | 614  | Final  | 2023-11-22 | SM/JSM (25m) 2023                       |
| 01:14.09 | 596  | Final  | 2023-10-28 | Ystad Grand Prix 2 / Swedish Grand Prix |
| 01:14.75 | 580  | Final  | 2023-10-07 | Speedo Swim Meet 2023                   |
| 01:14.78 | 579  | Final  | 2022-12-18 | Sum-Sim riksfinal 2022                  |
| 01:14.95 | 575  | Final  | 2023-03-04 | Öresund Meeting 2023                    |
| 01:14.98 | 575  | Final  | 2023-10-14 | UGP 3                                   |
| 01:15.19 | 570  | Final  | 2023-11-11 | Sum-Sim regionfinal 2023 Kristianstad   |
| 01:15.25 | 569  | Final  | 2022-10-22 | DM/JDM/PARA DM                          |
| 01:15.65 | 560  | Final  | 2022-11-13 | Sum-Sim regionfinal 2022 Karlshamn      |
| 01:15.75 | 557  | Final  | 2023-09-23 | GTI Cup 2023                            |
| 01:16.02 | 551  | Final  | 2023-09-23 | GTI Cup 2023                            |
| 01:16.61 | 539  | Final  | 2021-11-14 | Sum-Sim regionfinal Kristianstad        |
| 01:16.67 | 538  | Final  | 2021-12-12 | Sum-Sim riksfinal 2021                  |
| 01:17.16 | 527  | Final  | 2022-09-10 | Peter Asp Swim                          |
| 01:17.81 | 514  | Final  | 2021-12-04 | Seriesim Div. 1, omg. 2                 |
| 01:18.01 | 510  | Final  | 2022-10-01 | Höstlövet 1                             |
| 01:18.16 | 507  | Final  | 2022-03-26 | Seriesim div1 omg 4, Vellinge           |
| 01:18.38 | 503  | Final  | 2021-09-25 | Seriesim Div 1 omg 1 21-22              |