

## Jessika Watanabe

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:38.05 AQUA-poäng: 595 Datum: 2022-09-25 Tävling: Swedish Swim Games 2022 - Grand Prix 1

| Tid      | AQUA | Omgång | Datum      | Tävling                                  |
|----------|------|--------|------------|------------------------------------------|
| 06:14.12 | 246  | Final  | 2018-03-24 | Arena Vilunda Knatte                     |
| 05:21.70 | 387  | Final  | 2018-10-06 | Lövets Minne 3                           |
| 05:19.36 | 396  | Final  | 2018-10-20 | HEAD to Head 2018                        |
| 05:16.34 | 407  | Final  | 2018-12-02 | Höstsimiaden 2018, Järfälla              |
| 05:13.99 | 416  | Final  | 2019-01-26 | UGP-2 Torvalla                           |
| 05:03.69 | 460  | Final  | 2019-05-04 | Vårsimiaden 2019 Vilunda Väsby           |
| 05:00.16 | 476  | Final  | 2019-05-11 | Vårsimiaden 2019 Stockholmsfinal         |
| 05:00.21 | 473  | Final  | 2019-10-12 | UGP1 2019                                |
| 05:00.48 | 471  | Final  | 2019-11-10 | Sum-Sim (25m) 2019 regionfinal Stockholm |
| 04:39.12 | 588  | Final  | 2021-09-26 | Swedish Swim Games - Grand Prix 1        |
| 04:54.43 | 501  | Final  | 2021-10-23 | DM 25m 2021                              |
| 04:38.05 | 595  | Final  | 2022-09-25 | Swedish Swim Games 2022 - Grand Prix 1   |
| 04:40.77 | 578  | Final  | 2022-10-30 | Ystad Grand Prix 2 / Swedish Grand Prix  |
| 04:40.83 | 558  | Final  | 2023-10-22 | DM/JDM 2023 Västervik                    |