

## Ludvig Glantz

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:35.19 AQUA-poäng: 621 Datum: 2023-11-26 Tävling: SM/JSM (25m) 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                        |
|----------|------|--------|------------|------------------------------------------------|
| 04:35.19 | 621  | Final  | 2023-11-26 | SM/JSM (25m) 2023                              |
| 04:47.62 | 544  | Final  | 2022-11-27 | SM/JSM (25M) 2022                              |
| 04:40.58 | 586  | Final  | 2021-11-13 | Sum-Sim regionfinal 2021 Uppsala               |
| 04:41.70 | 579  | Final  | 2024-01-06 | Palles Minne 2024                              |
| 04:42.47 | 574  | Final  | 2022-11-13 | Sum-Sim regionfinal 2022 ÖREBRO                |
| 04:44.33 | 563  | Final  | 2023-10-22 | Senior-DM, Junior-DM och Parasim-DM (25m) 2023 |
| 04:47.49 | 544  | Final  | 2022-10-09 | Senior-DM, Junior-DM och DM-Parasim (25m) 2022 |
| 04:48.43 | 539  | Final  | 2021-09-24 | Swedish Swim Games - Grand Prix 1              |
| 04:50.53 | 527  | Final  | 2022-12-18 | Sum-Sim riksfinal 2022                         |
| 04:51.21 | 524  | Final  | 2022-09-23 | Swedish Swim Games 2022 - Grand Prix 1         |
| 04:51.29 | 523  | Final  | 2023-01-06 | Palles Minne - TYR Cup 2023                    |
| 04:58.32 | 487  | Final  | 2020-09-26 | Swedish Swim Games                             |
| 05:05.52 | 457  | Final  | 2020-02-02 | NUSS Äldre (25m) 2020                          |
| 05:14.48 | 419  | Final  | 2019-10-19 | Jöns Svanbergssimmet 25m 2019                  |
| 05:18.21 | 405  | Final  | 2019-10-12 | Ungdoms GP 1 2019-2020 Falun                   |