

## Theodor Gladare

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:23.85 AQUA-poäng: 603 Datum: 2023-12-10 Tävling: Sum-Sim riksfinal 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 00:23.85 | 603  | Final  | 2023-12-10 | Sum-Sim riksfinal 2023                  |
| 00:24.09 | 586  | Final  | 2024-05-11 | 25th DANISH INTERNATIONAL SWIM CUP 2024 |
| 00:24.10 | 585  | Final  | 2024-04-28 | Ullbergstrofén final                    |
| 00:24.33 | 568  | Final  | 2023-11-12 | Sum-Sim regionfinal 2023 Falun          |
| 00:24.33 | 568  | Final  | 2023-11-25 | SM/JSM (25m) 2023                       |
| 00:24.93 | 528  | Final  | 2023-10-08 | Jöns Svanbergssimmet 25m 2023           |
| 00:25.48 | 495  | Final  | 2023-09-24 | Swedish Swim Games 2023 - Grand Prix 1  |
| 00:27.29 | 407  | Final  | 2021-09-05 | Seriesim omg 3, div 1                   |
| 00:27.70 | 385  | Final  | 2021-12-11 | Åkeshov Invitational                    |
| 00:28.43 | 360  | Final  | 2021-08-21 | Neptuns KM 2021                         |
| 00:29.68 | 317  | Final  | 2020-10-10 | Neppan Micro II                         |
| 00:30.53 | 292  | Final  | 2019-11-30 | Höstsimiaden 2019 Eriksdalsbadet        |
| 00:30.99 | 279  | Final  | 2019-08-24 | Neptuns KM 2019                         |
| 00:31.24 | 272  | Final  | 2019-09-08 | Seriesim delt 3 Div 1                   |
| 00:31.38 | 269  | Final  | 2019-01-18 | Seriesim Div 1 Omgång 1 -2019           |
| 00:31.42 | 268  | Final  | 2018-10-20 | HEAD to Head 2018                       |
| 00:31.76 | 259  | Final  | 2019-06-09 | Neppan Knatte Cup Sommar 2019           |
| 00:32.70 | 237  | Final  | 2018-09-09 | Seriesim Div 1 deltlv 3                 |
| 00:32.73 | 237  | Final  | 2019-02-16 | Tyresö Knatte                           |
| 00:32.88 | 233  | Final  | 2018-09-30 | Arne Borgs minne TYR sprint             |