

## Sebastian Ljungdahl

Se detaljerad information och personbästatider

Gren: 50m Bröstsöm (25) Personbästa: 00:34.05 AQUA-poäng: 393 Datum: 2022-10-22 Tävling: DM/JDM/PARA DM

| Tid      | AQUA | Omgång | Datum      | Tävling                         |
|----------|------|--------|------------|---------------------------------|
| 00:55.04 | 96   | Final  | 2016-02-20 | OF - Sprint                     |
| 00:49.53 | 132  | Final  | 2016-09-18 | Powerade Open                   |
| 00:47.69 | 148  | Final  | 2017-03-25 | Öresund Meeting 2017            |
| 00:47.33 | 151  | Final  | 2017-02-18 | OF-Sprint 2017                  |
| 00:45.81 | 167  | Final  | 2017-10-21 | Swedbanks Medaljjakt A, T 1710  |
| 00:44.70 | 180  | Final  | 2018-02-17 | Medaljjakt A, T 180217          |
| 00:44.13 | 187  | Final  | 2018-02-24 | Ica Supermarket Cup - 2018      |
| 00:43.63 | 193  | Final  | 2018-03-24 | Öresund Meeting 2018            |
| 00:39.48 | 261  | Final  | 2018-11-24 | Hillerød Cup                    |
| 00:38.53 | 281  | Final  | 2019-03-23 | Öresund Meeting 2019            |
| 00:38.50 | 282  | Final  | 2019-08-25 | Rönneracet 2019                 |
| 00:37.57 | 303  | Final  | 2019-12-14 | Björken Sprint                  |
| 00:35.61 | 356  | Final  | 2022-02-12 | DiTEC Swim Meet 2022            |
| 00:35.59 | 357  | Final  | 2020-09-05 | Rönneracet 2020 Special edition |
| 00:35.39 | 350  | Final  | 2023-03-04 | Öresund Meeting 2023            |
| 00:35.10 | 372  | Final  | 2021-05-10 | ÄSS temporärrace 3              |
| 00:34.92 | 364  | Final  | 2022-12-11 | Björken Sprint                  |
| 00:34.65 | 386  | Final  | 2022-03-05 | Öresund Meeting 2022            |
| 00:34.44 | 380  | Final  | 2023-02-12 | DiTEC Swim Meet 2023            |
| 00:34.05 | 393  | Final  | 2022-10-22 | DM/JDM/PARA DM                  |