

## Frida Steen

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:28.21 AQUA-poäng: 537 Datum: 2023-12-03 Tävling: Sparbanken Rekarne Simcup 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                                       |
|----------|------|--------|------------|-----------------------------------------------|
| 00:29.60 | 464  | Final  | 2021-12-04 | Sparbanken Rekarne Simcup & TYR Sprint        |
| 00:35.88 | 271  | Final  | 2016-12-03 | Julklappsdoppet 2016                          |
| 00:28.43 | 524  | Final  | 2023-12-02 | Sparbanken Rekarne Simcup 2023                |
| 00:28.83 | 503  | Final  | 2019-10-19 | Polisen HEAD to Head 2019                     |
| 00:28.93 | 497  | Final  | 2023-09-23 | Swedish Swim Games 2023 - Grand Prix 1        |
| 00:30.04 | 444  | Final  | 2022-09-24 | Swedish Swim Games 2022 - Grand Prix 1        |
| 00:29.18 | 485  | Final  | 2022-12-03 | Sparbanken Rekarne Simcup 2022                |
| 00:28.94 | 497  | Final  | 2022-12-11 | KM Täby Sim 2022                              |
| 00:29.93 | 449  | Final  | 2021-10-23 | DM 25m 2021                                   |
| 00:30.02 | 445  | Final  | 2021-09-26 | Arne Borgs minne &TYR sprint 2021             |
| 00:29.54 | 467  | Final  | 2022-09-25 | Arne Borgs minne & TYR sprint                 |
| 00:29.52 | 468  | Final  | 2022-10-23 | DM 25m 2022                                   |
| 00:29.45 | 472  | Final  | 2021-11-14 | Sum-Sim regionfinal 2021 Region 3b Södertälje |
| 00:29.43 | 472  | Final  | 2019-10-19 | Polisen HEAD to Head 2019                     |
| 00:29.15 | 486  | Final  | 2022-12-10 | Åkeshov invitational                          |
| 00:44.37 | 143  | Final  | 2015-10-18 | Aquarapid Knattesim 2015                      |
| 00:28.71 | 509  | Final  | 2023-10-01 | ArneBorg2023                                  |
| 00:28.65 | 512  | Final  | 2019-12-15 | KM Väsby 2019                                 |
| 00:28.49 | 521  | Final  | 2023-10-22 | DM 25m 2023                                   |
| 00:28.30 | 531  | Final  | 2023-12-17 | Täby Sim KM 2023                              |