

Ines Wijk

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:30.51 AQUA-poäng: 424 Datum: 2023-10-07 Tävling: Zoggs Zwim 2023

Tid	AQUA	Omgång	Datum	Tävling
00:30.51	424	Final	2023-10-07	Zoggs Zwim 2023
00:30.71	416	Final	2022-11-13	Sum-Sim regionfinal 2022-Stockholm
00:30.84	411	Final	2021-02-20	Tempo Race 1
00:30.88	409	Final	2019-10-19	Polisen HEAD to Head 2019
00:30.89	409	Final	2024-03-24	GIH-games 2024
00:31.02	403	Final	2023-12-02	Sparbanken Rekarne Simcup 2023
00:31.03	403	Final	2020-10-17	Neppan Micro III
00:31.08	401	Final	2023-12-16	Polisens KM 2023
00:31.31	392	Final	2023-03-25	GIH-games 2023
00:31.33	392	Final	2023-10-01	ArneBorg2023
00:31.57	383	Final	2021-08-21	Neptuns KM 2021
00:31.75	376	Final	2022-12-03	Sparbanken Rekarne Simcup 2022
00:31.86	372	Final	2022-09-25	Arne Borgs minne & TYR sprint
00:31.95	369	Final	2019-08-24	Neptuns KM 2019
00:32.43	353	Final	2018-11-24	Neptuns KM
00:32.86	339	Final	2018-10-20	HEAD to Head 2018
00:33.06	333	Final	2018-09-30	Arne Borgs minne TYR sprint
00:37.94	229	Final	2017-10-01	Head to HEAD 2017
00:38.64	217	Final	2017-09-24	Arne Borgs minne TYR sprint
00:40.92	183	Final	2016-10-01	Sydpoolen Knatte Cup 2016