

## Freja Härstedt

Se detaljerad information och personbästatider

Gren: 100m Fjärilsim (25) Personbästa: 01:11.04 AQUA-poäng: 440 Datum: 2024-01-28 Tävling: UGP 1

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 01:11.04 | 440  | Final  | 2024-01-28 | UGP 1                                      |
| 01:13.75 | 393  | Final  | 2024-03-09 | S 71-Cup                                   |
| 01:16.46 | 353  | Final  | 2023-10-28 | Ystad Grand Prix 2 / Swedish Grand Prix    |
| 01:16.47 | 353  | Final  | 2023-11-26 | Sim à Lund - GUL Challenge                 |
| 01:16.78 | 348  | Final  | 2023-11-12 | Sum-Sim regionfinal 2023 Kristianstad      |
| 01:17.66 | 347  | Final  | 2022-11-12 | Sum-Sim regionfinal 2022 Ängelholm         |
| 01:17.84 | 344  | Final  | 2022-11-27 | Sim à Lund - GUL Challenge                 |
| 01:18.01 | 342  | Final  | 2023-04-29 | Ystad Grand Prix 1                         |
| 01:18.22 | 339  | Final  | 2023-03-11 | S 71-Cup                                   |
| 01:18.58 | 335  | Final  | 2023-03-04 | Öresund Meeting 2023                       |
| 01:19.58 | 323  | Final  | 2022-03-12 | S 71-Cup                                   |
| 01:19.71 | 321  | Final  | 2022-10-29 | Ystad Grand Prix 2 / Swedish Grand Prix    |
| 01:19.89 | 309  | Final  | 2023-10-01 | ICA Supermarket Meet 2023                  |
| 01:21.36 | 302  | Final  | 2022-10-16 | UGP 3                                      |
| 01:21.99 | 295  | Final  | 2020-01-26 | UGP 2 Skåne-Blekinge                       |
| 01:22.28 | 292  | Final  | 2020-10-10 | UGP 1 Löddeköpinge                         |
| 01:23.77 | 277  | Final  | 2019-11-30 | Höstsimiaden 2019 Staffanstorp             |
| 01:24.24 | 272  | Final  | 2019-11-09 | Sum-Sim (25m) 2019 regionfinal Skåne södra |
| 01:27.19 | 245  | Final  | 2019-09-20 | Sparbanken Skåne Cup                       |
| 01:27.86 | 240  | Final  | 2019-05-25 | Vårsimiaden Region                         |