

## Freja Härstedt

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 01:05.59 AQUA-poäng: 449 Datum: 2024-04-28 Tävling: Ystad Grand prix 1 Korsvirkessim

| Tid      | AQUA | Omgång | Datum      | Tävling                               |
|----------|------|--------|------------|---------------------------------------|
| 01:05.59 | 449  | Final  | 2024-04-28 | Ystad Grand prix 1 Korsvirkessim      |
| 01:07.72 | 408  | Final  | 2024-03-09 | S 71-Cup                              |
| 01:08.31 | 398  | Final  | 2023-11-12 | Sum-Sim regionfinal 2023 Kristianstad |
| 01:08.45 | 395  | Final  | 2023-11-25 | Sim à Lund - GUL Challenge            |
| 01:08.81 | 389  | Final  | 2021-05-08 | Temporärrace1                         |
| 01:08.91 | 387  | Final  | 2022-05-01 | Ystad Grand Prix 1                    |
| 01:09.04 | 385  | Final  | 2022-11-13 | Sum-Sim regionfinal 2022 Ängelholm    |
| 01:09.45 | 378  | Final  | 2023-03-05 | Öresund Meeting 2023                  |
| 01:09.49 | 378  | Final  | 2022-11-26 | Sim à Lund - GUL Challenge            |
| 01:09.67 | 375  | Final  | 2019-12-07 | Adventsdoppet 2,0 191207              |
| 01:09.85 | 372  | Final  | 2022-09-10 | Sparbanken Skåne Cup                  |
| 01:10.04 | 369  | Final  | 2019-11-23 | Seriesim Div.2 Omg.2 19/20            |
| 01:10.69 | 359  | Final  | 2022-03-12 | S 71-Cup                              |
| 01:11.24 | 350  | Final  | 2020-10-10 | UGP 1 Löddeköpinge                    |
| 01:11.74 | 343  | Final  | 2020-01-26 | UGP 2 Skåne-Blekinge                  |
| 01:13.11 | 324  | Final  | 2020-09-18 | Sparbanken Skåne Cup                  |
| 01:13.35 | 321  | Final  | 2022-10-16 | UGP 3                                 |
| 01:13.44 | 320  | Final  | 2019-11-02 | Novembersim 2019                      |
| 01:13.67 | 317  | Final  | 2019-11-30 | Höstsimiaden 2019 Staffanstorp        |
| 01:14.01 | 312  | Final  | 2019-01-19 | Seriesim omg 3 div 2 2019             |