

## Ida Sahlberg

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:31.40 AQUA-poäng: 389 Datum: 2019-03-23 Tävling: Stippen 2

| Tid      | AQUA | Omgång | Datum      | Tävling                 |
|----------|------|--------|------------|-------------------------|
| 00:31.40 | 389  | Final  | 2019-03-23 | Stippen 2               |
| 00:32.16 | 362  | Final  | 2018-12-08 | Team Race Meet TYR 2018 |
| 00:33.10 | 332  | Final  | 2019-01-09 | Stippen 1               |
| 00:33.24 | 341  | Final  | 2018-01-27 | Sandaredsracet Sprint   |
| 00:33.64 | 329  | Final  | 2017-11-17 | KM 4 & 5                |
| 00:33.86 | 323  | Final  | 2017-12-09 | Team Race Meet          |
| 00:34.53 | 304  | Final  | 2017-12-09 | Team Race Meet          |
| 00:34.64 | 301  | Final  | 2017-02-04 | SOIS Medley Cup 2017    |
| 00:34.97 | 293  | Final  | 2017-03-04 | Sandaredssimmet 2017    |
| 00:35.39 | 283  | Final  | 2017-03-05 | Sandaredssimmet 2017    |
| 00:36.12 | 266  | Final  | 2016-11-17 | KM 5                    |
| 00:36.22 | 264  | Final  | 2016-09-18 | Sandaredssprinten 2016  |
| 00:36.39 | 260  | Final  | 2016-09-11 | Serneke Swim Open       |
| 00:36.79 | 252  | Final  | 2016-03-06 | Sandaredssimmet 2016    |
| 00:36.84 | 251  | Final  | 2016-03-05 | Sandaredssimmet 2016    |
| 00:37.06 | 246  | Final  | 2016-02-06 | SOIS Medley-Cup         |
| 00:37.33 | 241  | Final  | 2016-02-20 | KM 2                    |
| 00:37.40 | 239  | Final  | 2016-01-23 | David Lega Cup          |
| 00:37.76 | 233  | Final  | 2016-04-02 | Späckhuggarsim          |
| 00:37.88 | 230  | Final  | 2015-10-22 | KM 5                    |