

## Jakob Strömmand

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:20.34 AQUA-poäng: 476 Datum: 2019-11-09 Tävling: Sum-Sim (25m) 2019 regionfinal Skåne södra

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 02:20.34 | 476  | Final  | 2019-11-09 | Sum-Sim (25m) 2019 regionfinal Skåne södra |
| 02:23.52 | 445  | Final  | 2019-10-12 | UGP 1 Lödde                                |
| 02:24.31 | 438  | Final  | 2018-11-10 | Sum-Sim (25m) 2018 regionfinal Skåne södra |
| 02:24.38 | 437  | Final  | 2019-09-21 | Speedo Swim Meet 2019                      |
| 02:24.95 | 432  | Final  | 2020-10-11 | UGP 1 Löddeköpinge                         |
| 02:25.27 | 429  | Final  | 2019-10-06 | DM/JDM kortbana 2019                       |
| 02:26.30 | 420  | Final  | 2018-08-25 | Arena & Poseidon Team Cup 2018             |
| 02:26.33 | 420  | Final  | 2018-12-15 | Sim à Lund - GUL Challenge                 |
| 02:26.64 | 417  | Final  | 2018-10-13 | UGP 1 Sjöbo 2018-10-13                     |
| 02:27.01 | 414  | Final  | 2018-09-22 | Speedo Swim Meet 2018                      |
| 02:27.11 | 413  | Final  | 2018-10-07 | DM/JDM kortbana 2018                       |
| 02:28.53 | 402  | Final  | 2018-04-29 | YGP 1 Korsvirkessim                        |
| 02:28.64 | 401  | Final  | 2020-03-14 | Majo invite                                |
| 02:29.44 | 394  | Final  | 2017-09-23 | Sparbanken Skåne Cup                       |
| 02:29.52 | 394  | Final  | 2017-11-12 | Sum-Sim region                             |
| 02:31.11 | 381  | Final  | 2017-10-08 | YGP 2 Danone Open                          |
| 02:31.54 | 378  | Final  | 2018-03-25 | Öresund Meeting 2018                       |
| 02:32.07 | 374  | Final  | 2017-10-08 | YGP 2 Danone Open                          |
| 02:32.96 | 368  | Final  | 2018-04-29 | YGP 1 Korsvirkessim                        |
| 02:33.11 | 367  | Final  | 2017-04-30 | YGP 1 Korsvirkessim                        |