

## Jacob Glans

Se detaljerad information och personbästatider

Gren: 200m Frisim (25) Personbästa: 01:55.94 AQUA-poäng: 629 Datum: 2023-11-22 Tävling: SM/JSM (25m) 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                   |
|----------|------|--------|------------|---------------------------|
| 03:11.86 | 138  | Final  | 2015-10-24 | Nordea Open 2015          |
| 02:43.87 | 222  | Final  | 2018-03-25 | Arena Glasriket Cup       |
| 02:42.76 | 227  | Final  | 2018-02-04 | Donksim                   |
| 02:38.22 | 247  | Final  | 2017-10-07 | Nordea Open 2017          |
| 02:35.68 | 260  | Final  | 2018-05-20 | Vårsimiaden - Regionfinal |
| 02:35.10 | 262  | Final  | 2018-05-05 | Vårsimiaden, distrikt     |
| 02:29.07 | 296  | Final  | 2018-10-06 | MaxKompetens Cup          |
| 02:21.42 | 346  | Final  | 2019-01-27 | UGP 2 Skåne-Blekinge      |
| 02:19.09 | 364  | Final  | 2019-09-20 | Sparbanken Skåne Cup      |
| 02:13.20 | 415  | Final  | 2020-02-01 | DiTEC Swim Meet 2020      |
| 02:05.05 | 501  | Final  | 2021-10-02 | Speedo Swim Meet 2021     |
| 02:04.83 | 504  | Final  | 2021-09-04 | Arena Poseidon Team Cup   |
| 02:03.97 | 515  | Final  | 2021-10-17 | UGP 3                     |
| 02:01.27 | 550  | Final  | 2022-05-14 | TYR Swim                  |
| 01:55.94 | 629  | Final  | 2023-11-22 | SM/JSM (25m) 2023         |