

## Leo Spogardh

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 00:57.01 AQUA-poäng: 486 Datum: 2022-11-27 Tävling: Sim à Lund - GUL Challenge

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 00:57.01 | 486  | Final  | 2022-11-27 | Sim à Lund - GUL Challenge                 |
| 00:58.01 | 461  | Final  | 2023-03-04 | Öresund Meeting 2023                       |
| 00:58.81 | 443  | Final  | 2023-02-11 | Sparbanken Cup 2023                        |
| 00:59.00 | 441  | Final  | 2022-03-05 | Sparbanken Cup 2022                        |
| 00:59.15 | 438  | Final  | 2022-03-12 | S 71-Cup                                   |
| 00:59.37 | 430  | Final  | 2022-10-02 | Maxkompetens Cup                           |
| 00:59.59 | 428  | Final  | 2022-05-14 | TYR Swim                                   |
| 01:00.24 | 415  | Final  | 2019-11-10 | Sum-Sim (25m) 2019 regionfinal Skåne norra |
| 01:00.44 | 411  | Final  | 2020-05-30 | KSK SpringSwim                             |
| 01:00.95 | 398  | Final  | 2023-03-11 | S 71-Cup                                   |
| 01:01.29 | 394  | Final  | 2019-03-02 | Sparbanken i Karlshamn Cup                 |
| 01:01.76 | 385  | Final  | 2018-10-07 | MaxKompetens Cup                           |
| 01:02.22 | 376  | Final  | 2020-10-03 | Maxkompetens Cup 2020                      |
| 01:02.23 | 376  | Final  | 2019-03-24 | Arena Glasriket Cup                        |
| 01:02.27 | 375  | Final  | 2019-10-12 | UGP 1 SKåne-Blekinge                       |
| 01:02.35 | 374  | Final  | 2017-09-23 | Sparbanken Skåne Cup                       |
| 01:02.89 | 364  | Final  | 2017-10-08 | Nordea Open 2017                           |
| 01:02.95 | 363  | Final  | 2017-06-03 | Vårsimiaden Region/Sponsor Cup             |
| 01:03.39 | 356  | Final  | 2018-03-24 | Arena Glasriket Cup                        |
| 01:04.06 | 345  | Final  | 2017-11-12 | Sum-Sim region                             |