

## Nam Do

Se detaljerad information och personbästatider

Gren: 50m Fjärilsim (25) Personbästa: 00:30.59 AQUA-poäng: 361 Datum: 2017-01-13 Tävling: Januarirace

| Tid      | AQUA | Omgång | Datum      | Tävling                    |
|----------|------|--------|------------|----------------------------|
| 00:38.68 | 179  | Final  | 2013-11-16 | Køge Open Herfølge         |
| 00:35.56 | 230  | Final  | 2014-09-05 | Arena USO 2014             |
| 00:32.31 | 307  | Final  | 2015-11-28 | Køge Open, Køge            |
| 00:32.56 | 300  | Final  | 2015-11-14 | Sum-Sim Region 5 VSSF 2015 |
| 00:44.87 | 114  | Final  | 2013-03-23 | Öresund Meeting 2013       |
| 00:42.91 | 131  | Final  | 2013-04-20 | Vårsimiaden 2013           |
| 00:40.75 | 153  | Final  | 2013-09-22 | Söndagsrace                |
| 00:38.93 | 175  | Final  | 2013-11-04 | Sprintcupen                |
| 00:36.74 | 208  | Final  | 2014-03-22 | Öresund Meeting 2014       |
| 00:35.19 | 237  | Final  | 2014-09-21 | Sprintcupen                |
| 00:34.76 | 246  | Final  | 2014-11-29 | Barracuda Race             |
| 00:33.07 | 286  | Final  | 2015-03-21 | Öresund Meeting 2015       |
| 00:30.59 | 361  | Final  | 2017-01-13 | Januarirace                |
| 00:32.19 | 310  | Final  | 2016-01-15 | Januarirace                |
| 00:32.05 | 314  | Final  | 2015-09-19 | Powerade Open              |
| 00:31.66 | 326  | Final  | 2016-04-02 | Öresund Meeting 2016       |
| 00:31.42 | 334  | Final  | 2016-02-06 | NUSS Äldre                 |
| 00:31.14 | 343  | Final  | 2017-02-04 | SOIS Medley Cup 2017       |
| 00:31.08 | 345  | Final  | 2016-12-03 | Snapphanesimmet            |
| 00:31.04 | 346  | Final  | 2017-03-25 | Öresund Meeting 2017       |