

Oscar Elfers

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:08.15 AQUA-poäng: 697 Datum: 2019-07-11 Tävling: Sum-Sim (50m) 2019

Tid	AQUA	Omgång	Datum	Tävling
04:08.15	697	Final	2019-07-11	Sum-Sim (50m) 2019
04:09.71	684	Final	2019-07-11	Sum-Sim (50m) 2019
04:10.08	681	Final	2020-08-22	Swim For Life
04:11.26	671	Final	2019-06-08	Citadellsim 2019
04:12.04	665	Final	2019-04-12	Malmsten Swim Open Stockholm 2019
04:13.25	656	Final	2019-06-30	SM/Para-SM/JSM (50m) 2019
04:13.25	656	Final	2021-07-02	SM/Para-SM/JSM (50m) 2021
04:13.71	652	Final	2020-03-08	Swedish Grand Prix 2020
04:14.33	647	Final	2019-06-01	DM/JDM 50m Karlshamn 2019
04:14.82	644	Final	2019-05-26	Laxaleken 2019
04:15.88	636	Final	2021-05-29	Stig Olsson o Eric Persson Memorial
04:16.06	634	Final	2021-04-08	Malmsten Swim Open Stockholm 2021
04:19.08	612	Final	2019-01-26	Swedish Grand Prix 2019
04:19.92	606	Final	2022-05-28	Citadellsim 2022
04:20.52	602	Final	2022-06-29	SM/Para-SM/JSM (50m) 2022
04:22.34	590	Final	2022-04-09	Malmsten Swim Open Stockholm 2022
04:24.25	577	Final	2022-03-13	Swedish Grand Prix 2022
04:25.12	571	Final	2018-06-09	Citadellsim 2018
04:27.38	557	Final	2018-06-28	Sum-Sim (50m) 2018
04:27.68	555	Final	2018-04-22	Sportringen Swim Meet