

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:09.05 AQUA-poäng: 841 Datum: 2023-12-08 Tävling: LEN: European Short Course Championships

Tid	AQUA	Omgång	Datum	Tävling
02:09.05	841	Final	2023-12-08	LEN: European Short Course Championships
02:10.14	821	Final	2023-11-22	SM/JSM (25m) 2023
02:10.28	818	Final	2022-12-12	Nordic Championships
02:10.34	817	Final	2023-11-22	SM/JSM (25m) 2023
02:10.61	812	Final	2023-12-09	LEN: European Short Course Championships
02:10.64	811	Final	2023-12-08	LEN: European Short Course Championships
02:11.40	797	Final	2023-10-28	Ystad Grand Prix 2 / Swedish Grand Prix
02:11.55	794	Final	2023-10-28	Ystad Grand Prix 2 / Swedish Grand Prix
02:11.79	790	Final	2022-11-24	SM/JSM (25M) 2022
02:12.31	781	Final	2021-11-24	SM/JSM (25m) 2021
02:12.31	781	Final	2023-09-23	Swedish Swim Games 2023 - Grand Prix 1
02:12.60	776	Final	2022-10-29	Ystad Grand Prix 2 / Swedish Grand Prix
02:12.82	772	Final	2022-09-24	Swedish Swim Games 2022 - Grand Prix 1
02:13.16	766	Final	2021-11-05	LEN European Short Course Swimming Championships
02:13.37	762	Final	2022-11-24	SM/JSM (25M) 2022
02:13.46	761	Final	2022-12-17	Sum-Sim riksfinal 2022
02:13.55	759	Final	2021-11-24	SM/JSM (25m) 2021
02:13.73	756	Final	2021-09-25	Swedish Swim Games - Grand Prix 1
02:13.84	754	Final	2022-12-12	Nordic Championships
02:14.19	748	Final	2022-10-29	Ystad Grand Prix 2 / Swedish Grand Prix