

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 200m Ryggswim (25) Personbästa: 02:09.85 AQUA-poäng: 768 Datum: 2021-11-03 Tävling: LEN European Short Course Swimming Championships

Tid	AQUA	Omgång	Datum	Tävling
02:10.78	752	Final	2021-11-03	LEN European Short Course Swimming Championships
02:16.74	662	Final	2019-09-28	Swedish Swim Games
02:17.97	645	Final	2019-11-16	SM/JSM (25m) 2019
02:16.31	664	Final	2022-10-29	Ystad Grand Prix 2 / Swedish Grand Prix
02:15.70	673	Final	2022-09-24	Swedish Swim Games 2022 - Grand Prix 1
02:15.45	677	Final	2021-09-25	Swedish Swim Games - Grand Prix 1
02:12.16	728	Final	2022-11-25	SM/JSM (25M) 2022
02:11.75	735	Final	2021-11-27	SM/JSM (25m) 2021
02:11.46	740	Final	2023-10-28	Ystad Grand Prix 2 / Swedish Grand Prix
02:17.47	652	Final	2020-09-26	Swedish Swim Games
02:12.26	727	Final	2022-11-25	SM/JSM (25M) 2022
02:13.94	700	Final	2022-12-18	Sum-Sim riksfinal 2022
02:14.22	695	Final	2021-12-12	Sum-Sim riksfinal 2021
02:14.29	694	Final	2022-11-13	Sum-Sim regionfinal 2022-Stockholm
02:14.48	691	Final	2021-09-25	Swedish Swim Games - Grand Prix 1
02:14.90	685	Final	2021-10-23	DM 25m 2021
02:15.43	682	Final	2021-05-02	Väsby Temporärrace NIU 2
02:11.66	737	Final	2023-10-28	Ystad Grand Prix 2 / Swedish Grand Prix
03:14.24	231	Final	2016-03-12	Ungdoms GP 2 med LSS Cup 2016
02:11.52	739	Final	2021-11-27	SM/JSM (25m) 2021