

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 200m Ryggswim (25) Personbästa: 02:09.85 AQUA-poäng: 768 Datum: 2021-11-03 Tävling: LEN European Short Course Swimming Championships

Tid	AQUA	Omgång	Datum	Tävling
03:14.24	231	Final	2016-03-12	Ungdoms GP 2 med LSS Cup 2016
02:59.26	294	Final	2016-12-10	Sparbanken Rekarne Simcup 2016
02:50.86	339	Final	2017-02-26	Falu SkinsGames
02:38.91	422	Final	2017-09-23	Arena Cup 2017
02:41.19	404	Final	2017-11-26	Sparbanken Rekarne Simcup 2017
02:30.64	495	Final	2018-02-25	Falu SkinsGames 2018
02:25.55	549	Final	2018-10-07	Jöns Svanberg 25m
02:28.25	520	Final	2019-01-06	Palles Minne TYR Cup 2019
02:20.66	609	Final	2019-02-24	Falu SkinsGames 2019
02:16.74	662	Final	2019-09-28	Swedish Swim Games
02:16.67	663	Final	2019-09-28	Swedish Swim Games
02:19.00	631	Final	2019-10-05	DM-JDM (25m) MSSF 2019
02:17.71	649	Final	2019-10-20	Jöns Svanbergsimmet 25m 2019
02:17.97	645	Final	2019-11-16	SM/JSM (25m) 2019
02:17.42	653	Final	2019-11-16	SM/JSM (25m) 2019
02:17.88	646	Final	2020-02-01	NUSS Äldre (25m) 2020
02:19.64	622	Final	2020-02-23	FaluSkinsGames 2020
02:17.47	652	Final	2020-09-26	Swedish Swim Games
02:18.49	638	Final	2020-09-26	Swedish Swim Games
02:15.73	677	Final	2020-11-01	Söndagsrace 3 2020