

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 100m Bröstsims (50) Personbästa: 01:08.29 AQUA-poäng: 828 Datum: 2023-06-16 Tävling: AdO Cup

| Tid      | AQUA | Omgång | Datum      | Tävling                            |
|----------|------|--------|------------|------------------------------------|
| 01:10.35 | 757  | Final  | 2024-03-31 | Speedo Helsinki Swim Meet 2024     |
| 01:16.82 | 581  | Final  | 2019-07-01 | SM/Para-SM/JSM (50m) 2019          |
| 01:12.08 | 704  | Final  | 2021-04-11 | Malmsten Swim Open Stockholm 2021  |
| 01:17.39 | 569  | Final  | 2018-06-29 | Sum-Sim (50m) 2018                 |
| 01:18.15 | 552  | Final  | 2018-04-08 | Malmsten Swim Open Stockholm 2018  |
| 01:11.59 | 718  | Final  | 2024-04-08 | Malmsten Swim Open Stockholm 2024  |
| 01:11.09 | 734  | Final  | 2023-04-16 | Malmsten Swim Open Stockholm 2023  |
| 01:10.59 | 749  | Final  | 2023-05-05 | Acropolis Swim Open 2023           |
| 01:10.13 | 764  | Final  | 2023-10-21 | World Aquatics World Cup           |
| 01:10.12 | 764  | Final  | 2023-03-11 | Swedish Grand Prix 2023            |
| 01:09.84 | 774  | Final  | 2023-04-08 | Speedo Helsinki Swim Meet          |
| 01:09.54 | 784  | Final  | 2023-07-08 | LEN: European Junior Championships |
| 01:21.36 | 494  | Final  | 2017-07-14 | Sum-Sim (50m) 2017                 |
| 01:15.76 | 606  | Final  | 2019-04-15 | Malmsten Swim Open Stockholm 2019  |
| 01:08.29 | 828  | Final  | 2023-06-16 | AdO Cup 2023                       |
| 01:08.29 | 828  | Final  | 2023-06-16 | AdO Cup                            |
| 01:11.07 | 734  | Final  | 2023-03-11 | Swedish Grand Prix 2023            |
| 01:09.66 | 780  | Final  | 2023-03-25 | Västerås Meet 2023                 |
| 01:11.29 | 727  | Final  | 2024-05-11 | Jöns Svanbergssimmet 50m 2024      |
| 01:09.41 | 788  | Final  | 2024-03-31 | Speedo Helsinki Swim Meet 2024     |