

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 100m Bröstsims (25) Personbästa: 01:06.55 AQUA-poäng: 822 Datum: 2023-11-22 Tävlings: SM/JSM (25m) 2023

Tid	AQUA	Omgång	Datum	Tävling
01:07.04	804	Final	2023-10-07	Zoggs Zwim 2023
01:12.94	624	Final	2019-09-28	Swedish Swim Games
01:15.11	572	Final	2019-01-20	ENA Games
01:18.88	494	Final	2017-11-26	Sparbanken Rekarne Simcup 2017
01:27.53	361	Final	2016-12-10	Sparbanken Rekarne Simcup 2016
01:11.07	675	Final	2020-09-26	Swedish Swim Games
01:07.69	781	Final	2022-11-24	SM/JSM (25M) 2022
01:07.63	783	Final	2023-09-23	Swedish Swim Games 2023 - Grand Prix 1
01:06.55	822	Final	2023-11-22	SM/JSM (25m) 2023
01:07.93	773	Final	2022-11-24	SM/JSM (25M) 2022
01:08.26	762	Final	2023-09-23	Swedish Swim Games 2023 - Grand Prix 1
01:08.36	759	Final	2022-10-23	DM 25m 2022
01:08.78	745	Final	2022-11-13	Sum-Sim regionfinal 2022-Stockholm
01:08.88	742	Final	2021-12-11	Sum-Sim riksfinal 2021
01:09.23	730	Final	2021-11-13	Sum-Sim regionfinal Stockholm
01:10.50	692	Final	2019-12-08	Sum-Sim (25m) 2019 riksfinal
01:10.78	683	Final	2020-02-02	NUSS Äldre (25m) 2020
01:52.79	169	Final	2015-03-01	Poängsim 3
01:11.94	651	Final	2020-09-26	Swedish Swim Games
01:07.30	795	Final	2023-11-22	SM/JSM (25m) 2023