

Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 100m Bröstsims (25) Personbästa: 01:06.55 AQUA-poäng: 822 Datum: 2023-11-22 Tävlings: SM/JSM (25m) 2023

Tid	AQUA	Omgång	Datum	Tävling
01:06.55	822	Final	2023-11-22	SM/JSM (25m) 2023
01:07.04	804	Final	2023-10-07	Zoggs Zwim 2023
01:07.29	795	Final	2023-10-07	Zoggs Zwim 2023
01:07.30	795	Final	2023-11-22	SM/JSM (25m) 2023
01:07.55	786	Final	2022-12-18	Sum-Sim riksfinal 2022
01:07.63	783	Final	2023-09-23	Swedish Swim Games 2023 - Grand Prix 1
01:07.69	781	Final	2022-11-24	SM/JSM (25M) 2022
01:07.93	773	Final	2022-11-24	SM/JSM (25M) 2022
01:08.26	762	Final	2023-09-23	Swedish Swim Games 2023 - Grand Prix 1
01:08.36	759	Final	2022-10-23	DM 25m 2022
01:08.78	745	Final	2022-11-13	Sum-Sim regionfinal 2022-Stockholm
01:08.88	742	Final	2021-12-11	Sum-Sim riksfinal 2021
01:09.23	730	Final	2021-11-13	Sum-Sim regionfinal Stockholm
01:10.50	692	Final	2019-12-08	Sum-Sim (25m) 2019 riksfinal
01:10.78	683	Final	2020-02-02	NUSS Äldre (25m) 2020
01:11.07	675	Final	2020-09-26	Swedish Swim Games
01:11.67	658	Final	2019-11-10	Sum-Sim (25m) 2019 regionfinal Mellansvenska
01:11.94	651	Final	2020-09-26	Swedish Swim Games
01:12.35	640	Final	2019-10-06	DM-JDM (25m) MSSF 2019
01:12.44	637	Final	2018-12-16	Sum-Sim (25m) 2018 riksfinal