

## Lisa Nystrand

Se detaljerad information och personbästatider

Gren: 50m Bröstsöm (25) Personbästa: 00:31.61 AQUA-poäng: 737 Datum: 2022-11-25 Tävling: SM/JSM (25M) 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                          |
|----------|------|--------|------------|----------------------------------|
| 00:31.61 | 737  | Final  | 2022-11-25 | SM/JSM (25M) 2022                |
| 00:31.64 | 735  | Final  | 2022-11-25 | SM/JSM (25M) 2022                |
| 00:31.65 | 720  | Final  | 2023-11-22 | SM/JSM (25m) 2023                |
| 00:32.79 | 660  | Final  | 2023-08-19 | Simklubben Neptuns KM 2023       |
| 00:32.88 | 655  | Final  | 2020-02-22 | FaluSkinsGames 2020              |
| 00:33.19 | 637  | Final  | 2020-02-22 | FaluSkinsGames 2020              |
| 00:33.20 | 636  | Final  | 2020-02-22 | FaluSkinsGames 2020              |
| 00:33.82 | 602  | Final  | 2020-02-22 | FaluSkinsGames 2020              |
| 00:33.95 | 595  | Final  | 2019-10-06 | DM-JDM (25m) MSSF 2019           |
| 00:33.97 | 594  | Final  | 2020-02-22 | FaluSkinsGames 2020              |
| 00:34.48 | 573  | Final  | 2019-05-30 | Sala Sparbanks Silverdoppet 2019 |
| 00:34.53 | 570  | Final  | 2018-12-16 | Sum-Sim (25m) 2018 riksfinal     |
| 00:34.95 | 550  | Final  | 2018-10-21 | DM-JDM (25m) MSSF 2018           |
| 00:35.20 | 538  | Final  | 2019-02-23 | Falu SkinsGames 2019             |
| 00:35.24 | 536  | Final  | 2019-01-05 | Palles Minne TYR Cup 2019        |
| 00:35.48 | 525  | Final  | 2019-02-02 | NUSS Yngre (25m)                 |
| 00:36.01 | 503  | Final  | 2018-05-10 | SalaSparbanksSilverdoppet 2018   |
| 00:36.23 | 493  | Final  | 2017-12-10 | Sum-Sim Riksfinal 2017           |
| 00:36.57 | 480  | Final  | 2018-02-24 | Falu SkinsGames 2018             |
| 00:36.61 | 478  | Final  | 2017-10-14 | DM-JDM (25M) 2017 Mellansvensk   |