

## Sabina Alman

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:27.70 AQUA-poäng: 689 Datum: 2019-07-01 Tävling: SM/Para-SM/JSM (50m) 2019

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 04:27.70 | 689  | Final  | 2019-07-01 | SM/Para-SM/JSM (50m) 2019                  |
| 04:28.32 | 684  | Final  | 2018-06-29 | Sum-Sim (50m) 2018                         |
| 04:28.37 | 684  | Final  | 2019-07-12 | Sum-Sim (50m) 2019                         |
| 04:29.57 | 674  | Final  | 2019-06-08 | Citadellsim 2019                           |
| 04:29.80 | 673  | Final  | 2018-07-15 | Nordic Age Group Championship              |
| 04:30.21 | 670  | Final  | 2018-07-07 | SM/Para-SM/JSM (50m) 2018                  |
| 04:30.71 | 666  | Final  | 2019-07-01 | SM/Para-SM/JSM (50m) 2019                  |
| 04:31.12 | 663  | Final  | 2018-06-09 | Citadellsim 2018                           |
| 04:32.09 | 656  | Final  | 2017-07-14 | Sum-Sim (50m) 2017                         |
| 04:33.66 | 645  | Final  | 2018-06-29 | Sum-Sim (50m) 2018                         |
| 04:33.94 | 643  | Final  | 2019-03-31 | Västerås Meet 2019                         |
| 04:34.60 | 638  | Final  | 2019-07-12 | Sum-Sim (50m) 2019                         |
| 04:34.75 | 637  | Final  | 2018-04-07 | Malmsten Swim Open Stockholm 2018          |
| 04:35.30 | 633  | Final  | 2021-07-16 | JSM/Sum-Sim äldre & Sum-Sim 16 år          |
| 04:35.84 | 629  | Final  | 2018-05-13 | Jöns Svanbergssimmet 50m                   |
| 04:36.61 | 624  | Final  | 2018-05-20 | Norrländska Mästerskapen / Botnia open 50m |
| 04:36.62 | 624  | Final  | 2017-06-11 | Citadellsim 2017                           |
| 04:37.72 | 617  | Final  | 2017-07-14 | Sum-Sim (50m) 2017                         |
| 04:38.56 | 611  | Final  | 2017-05-28 | Botnia Open / NM 50 2017                   |
| 04:38.89 | 609  | Final  | 2019-05-12 | Arena Open /NM                             |