

## Thilde Smedbäck

Se detaljerad information och personbästatider

Gren: 400m Medley (50) Personbästa: 05:03.89 AQUA-poäng: 673 Datum: 2021-07-18 Tävling: JSM/Sum-Sim äldre & Sum-Sim 16 år

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 05:03.89 | 673  | Final  | 2021-07-18 | JSM/Sum-Sim äldre & Sum-Sim 16 år |
| 05:08.19 | 645  | Final  | 2022-04-10 | Malmsten Swim Open Stockholm 2022 |
| 05:09.23 | 639  | Final  | 2021-07-02 | SM/Para-SM/JSM (50m) 2021         |
| 05:09.26 | 638  | Final  | 2022-07-03 | SM/Para-SM/JSM (50m) 2022         |
| 05:09.89 | 635  | Final  | 2022-04-10 | Malmsten Swim Open Stockholm 2022 |
| 05:09.98 | 634  | Final  | 2022-07-03 | SM/Para-SM/JSM (50m) 2022         |
| 05:10.21 | 633  | Final  | 2021-04-09 | Malmsten Swim Open Stockholm 2021 |
| 05:11.22 | 626  | Final  | 2019-07-13 | Sum-Sim (50m) 2019                |
| 05:11.33 | 626  | Final  | 2022-06-04 | DM/JDM/UDM 2022                   |
| 05:12.34 | 620  | Final  | 2023-03-10 | Swedish Grand Prix 2023           |
| 05:12.36 | 620  | Final  | 2021-04-09 | Malmsten Swim Open Stockholm 2021 |
| 05:14.09 | 609  | Final  | 2021-05-29 | Filbyter Cup                      |
| 05:14.18 | 609  | Final  | 2020-03-07 | UGP 3 2020                        |
| 05:14.39 | 608  | Final  | 2022-02-06 | NUSS 2022                         |
| 05:14.41 | 608  | Final  | 2022-05-21 | Filbyter Cup                      |
| 05:16.56 | 595  | Final  | 2019-06-30 | SM/Para-SM/JSM (50m) 2019         |
| 05:19.44 | 579  | Final  | 2023-06-03 | DM/JDM/UDM Östsvenska             |
| 05:19.55 | 579  | Final  | 2019-07-13 | Sum-Sim (50m) 2019                |
| 05:20.71 | 572  | Final  | 2019-04-13 | Malmsten Swim Open Stockholm 2019 |
| 05:22.10 | 565  | Final  | 2019-06-08 | DM/JDM och Vårsimiaden Final 2019 |