

## Helmi Swanson

Se detaljerad information och personbästatider

Gren: 50m Bröstsims (50) Personbästa: 00:35.61 AQUA-poäng: 557 Datum: 2023-04-14 Tävling: Malmsten Swim Open Stockholm 2023

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 00:35.89 | 549  | Final  | 2019-04-13 | Malmsten Swim Open Stockholm 2019 |
| 00:35.93 | 547  | Final  | 2018-04-06 | Malmsten Swim Open Stockholm 2018 |
| 00:37.51 | 485  | Final  | 2017-08-19 | Falu Sommarsimfestival            |
| 00:35.61 | 557  | Final  | 2023-04-14 | Malmsten Swim Open Stockholm 2023 |
| 00:36.27 | 532  | Final  | 2018-05-12 | Jöns Svanbergssimmet 50m          |
| 00:44.09 | 298  | Final  | 2014-05-31 | EEM Cup 2014                      |
| 00:38.42 | 451  | Final  | 2017-08-19 | Falu Sommarsimfestival            |
| 00:37.64 | 480  | Final  | 2017-08-19 | Falu Sommarsimfestival            |
| 00:36.92 | 509  | Final  | 2017-08-19 | Falu Sommarsimfestival            |
| 00:36.74 | 512  | Final  | 2021-06-20 | Sommardoppet i Falun 2021         |
| 00:36.50 | 517  | Final  | 2022-05-14 | Jöns Svanbergssimmet 50m 2022     |
| 00:36.40 | 526  | Final  | 2018-06-03 | DM - JDM (50m) 2018 MSSF          |
| 00:36.39 | 521  | Final  | 2022-03-12 | Eskilstuna Sprint 2022            |
| 00:36.29 | 531  | Final  | 2018-03-10 | ICA Maxi Sprintcup 2018.          |
| 00:36.11 | 544  | Final  | 2017-05-20 | Jöns Svanbergssimmet 50m          |
| 00:36.06 | 536  | Final  | 2022-06-05 | DM-JDM (50m) 2022 Eskilstuna      |
| 00:36.06 | 541  | Final  | 2019-03-09 | Eskilstuna Sprint 2019            |
| 00:36.01 | 548  | Final  | 2016-06-11 | DM - JDM (50m) 2016 MSSF          |
| 00:36.00 | 539  | Final  | 2023-03-11 | Eskilstuna Sprint (25m) 2023      |
| 00:35.96 | 550  | Final  | 2016-05-14 | Jöns Svanbergssimmet              |