

## Rasmus Skyving

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:34.61 AQUA-poäng: 625 Datum: 2022-11-27 Tävling: SM/JSM (25M) 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                  |
|----------|------|--------|------------|------------------------------------------|
| 04:34.61 | 625  | Final  | 2022-11-27 | SM/JSM (25M) 2022                        |
| 04:36.75 | 610  | Final  | 2023-11-26 | SM/JSM (25m) 2023                        |
| 04:40.20 | 588  | Final  | 2021-11-28 | SM/JSM (25m) 2021                        |
| 04:42.75 | 577  | Final  | 2019-12-08 | Sum-Sim (25m) 2019 riksfinal             |
| 04:42.98 | 571  | Final  | 2020-12-11 | Väsby Covidrace                          |
| 04:43.77 | 566  | Final  | 2021-09-24 | Swedish Swim Games - Grand Prix 1        |
| 04:46.10 | 557  | Final  | 2019-09-28 | Swedish Swim Games                       |
| 04:47.51 | 549  | Final  | 2020-02-01 | NUSS Äldre (25m) 2020                    |
| 04:47.59 | 549  | Final  | 2019-11-10 | Sum-Sim (25m) 2019 regionfinal Stockholm |
| 04:50.37 | 528  | Final  | 2020-10-17 | DM 2020 Stockholm, 25m                   |
| 04:50.81 | 531  | Final  | 2019-10-06 | DM 2019 Stockholm, 25m                   |
| 04:50.91 | 525  | Final  | 2021-04-25 | Väsby Temporärrace NIU 1                 |
| 04:58.83 | 489  | Final  | 2020-05-10 | Corona Cup 1                             |
| 05:06.01 | 455  | Final  | 2019-02-16 | Sollentuna simfestival 2019              |
| 05:08.82 | 443  | Final  | 2019-01-27 | UG-P 2 Åkersberga                        |
| 05:38.89 | 335  | Final  | 2017-03-25 | Seriesim_Div4_Omg2                       |
| 05:57.90 | 284  | Final  | 2016-10-01 | Jöns Svanberg 25m                        |
| 06:07.15 | 263  | Final  | 2016-10-23 | UGP4 - 2016                              |
| 06:37.19 | 208  | Final  | 2015-10-03 | Upplands Ungdomsmästerskap               |
| 06:52.85 | 185  | Final  | 2015-02-01 | Bålsta Swim Open 2015                    |