

## Anton Hegmegi

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:28.92 AQUA-poäng: 665 Datum: 2022-11-27 Tävling: SM/JSM (25M) 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                    |
|----------|------|--------|------------|--------------------------------------------|
| 05:14.62 | 419  | Final  | 2018-01-28 | UGP 2                                      |
| 05:05.11 | 459  | Final  | 2018-10-14 | UGP 1 2018 - 2019                          |
| 05:03.01 | 469  | Final  | 2018-10-06 | Östsvenska Mästerskapen DM/JDM             |
| 04:47.54 | 549  | Final  | 2019-10-05 | DM/JDM (25m) 2019 Östsvenska               |
| 04:47.42 | 550  | Final  | 2019-10-13 | UGP 1                                      |
| 04:47.21 | 551  | Final  | 2020-01-26 | UGP2 2019-2020                             |
| 04:44.62 | 566  | Final  | 2019-11-09 | Sum-Sim (25m) 2019 regionfinal Östsvenska  |
| 04:43.66 | 567  | Final  | 2023-09-22 | Swedish Swim Games 2023 - Grand Prix 1     |
| 04:41.56 | 580  | Final  | 2023-10-21 | DM/JDM 2023 Västervik                      |
| 04:41.50 | 585  | Final  | 2019-12-07 | Sum-Sim (25m) 2019 riksfinal               |
| 04:39.55 | 597  | Final  | 2020-02-02 | NUSS Äldre (25m) 2020                      |
| 04:37.83 | 603  | Final  | 2021-02-16 | Final Four Deltävling 1 2021               |
| 04:37.19 | 607  | Final  | 2020-09-26 | Swedish Swim Games                         |
| 04:37.21 | 607  | Final  | 2020-09-20 | Speedo Swim 2020                           |
| 04:37.00 | 609  | Final  | 2022-10-28 | Ystad Grand Prix 2 / Swedish Grand Prix    |
| 04:36.25 | 614  | Final  | 2022-09-23 | Swedish Swim Games 2022 - Grand Prix 1     |
| 04:34.67 | 624  | Final  | 2021-12-05 | Nordic Swimming Championships 2021         |
| 04:34.68 | 624  | Final  | 2021-11-14 | Sum-Sim Regionsfinal (25m) Östsvenska 2021 |
| 04:34.33 | 627  | Final  | 2022-11-27 | SM/JSM (25M) 2022                          |
| 04:34.12 | 628  | Final  | 2021-10-29 | Ystad Grand Prix 2                         |