

## Mikael Söderberg

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:27.73 AQUA-poäng: 674 Datum: 2022-11-27 Tävling: SM/JSM (25M) 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                      |
|----------|------|--------|------------|----------------------------------------------|
| 04:27.73 | 674  | Final  | 2022-11-27 | SM/JSM (25M) 2022                            |
| 04:28.32 | 670  | Final  | 2022-11-27 | SM/JSM (25M) 2022                            |
| 04:29.28 | 663  | Final  | 2021-11-28 | SM/JSM (25m) 2021                            |
| 04:29.36 | 662  | Final  | 2021-11-28 | SM/JSM (25m) 2021                            |
| 04:29.59 | 666  | Final  | 2019-12-08 | Sum-Sim (25m) 2019 riksfinal                 |
| 04:31.24 | 648  | Final  | 2021-10-09 | FINA: World Cup No 2 - 2021 Series           |
| 04:32.70 | 638  | Final  | 2021-12-05 | Nordic Swimming Championships 2021           |
| 04:32.72 | 643  | Final  | 2018-12-16 | Sum-Sim (25m) 2018 riksfinal                 |
| 04:34.04 | 629  | Final  | 2020-09-26 | Swedish Swim Games                           |
| 04:35.17 | 626  | Final  | 2019-11-17 | SM/JSM (25m) 2019                            |
| 04:37.12 | 608  | Final  | 2020-09-19 | Wadköpingsdoppet 2020                        |
| 04:37.37 | 606  | Final  | 2022-09-23 | Swedish Swim Games 2022 - Grand Prix 1       |
| 04:37.65 | 610  | Final  | 2020-02-01 | NUSS Äldre (25m) 2020                        |
| 04:38.19 | 606  | Final  | 2018-11-18 | SM/JSM (25m) 2018                            |
| 04:38.72 | 597  | Final  | 2021-09-24 | Swedish Swim Games - Grand Prix 1            |
| 04:39.20 | 594  | Final  | 2023-01-06 | Palles Minne - TYR Cup 2023                  |
| 04:39.46 | 598  | Final  | 2019-11-10 | Sum-Sim (25m) 2019 regionfinal Mellansvenska |
| 04:40.05 | 589  | Final  | 2021-12-05 | Nordic Swimming Championships 2021           |
| 04:40.47 | 591  | Final  | 2017-12-09 | Sum-Sim Riksfinal 2017                       |
| 04:40.94 | 583  | Final  | 2021-10-03 | DM-JDM (25m) 2021                            |