

## Mikael Söderberg

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:11.16 AQUA-poäng: 672 Datum: 2020-06-27 Tävling: Riksmästerskap (50m) 2020

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 04:11.16 | 672  | Final  | 2020-06-27 | Riksmästerskap (50m) 2020         |
| 04:11.22 | 672  | Final  | 2019-07-14 | Nordic Age Group Championships    |
| 04:11.43 | 670  | Final  | 2023-04-13 | Malmsten Swim Open Stockholm 2023 |
| 04:13.06 | 657  | Final  | 2018-06-28 | Sum-Sim (50m) 2018                |
| 04:14.06 | 649  | Final  | 2019-06-30 | SM/Para-SM/JSM (50m) 2019         |
| 04:14.10 | 649  | Final  | 2021-04-08 | Malmsten Swim Open Stockholm 2021 |
| 04:14.75 | 644  | Final  | 2019-07-11 | Sum-Sim (50m) 2019                |
| 04:14.91 | 643  | Final  | 2018-06-28 | Sum-Sim (50m) 2018                |
| 04:15.01 | 642  | Final  | 2019-07-11 | Sum-Sim (50m) 2019                |
| 04:15.63 | 638  | Final  | 2020-05-26 | Ingegerd Cup 2020                 |
| 04:17.29 | 625  | Final  | 2018-04-05 | Malmsten Swim Open Stockholm 2018 |
| 04:18.26 | 618  | Final  | 2019-03-30 | Västerås Meet 2019                |
| 04:18.40 | 617  | Final  | 2022-04-09 | Malmsten Swim Open Stockholm 2022 |
| 04:18.52 | 616  | Final  | 2019-04-12 | Malmsten Swim Open Stockholm 2019 |
| 04:19.09 | 612  | Final  | 2023-05-14 | Jöns Svanbergssimmet 50m 2023     |
| 04:19.95 | 606  | Final  | 2019-06-01 | DM-JDM (50m) 2019 Mellansvenska   |
| 04:19.96 | 606  | Final  | 2019-05-12 | Jöns Svanbergssimmet 50m 2019     |
| 04:20.03 | 606  | Final  | 2019-01-26 | Swedish Grand Prix 2019           |
| 04:20.38 | 603  | Final  | 2019-02-16 | Järfälla Nationella 2019          |
| 04:20.40 | 603  | Final  | 2020-03-08 | Swedish Grand Prix 2020           |