

Marcus Holmquist

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:01.28 AQUA-poäng: 758 Datum: 2021-04-08 Tävling: Malmsten Swim Open Stockholm 2021

Tid	AQUA	Omgång	Datum	Tävling
04:01.28	758	Final	2021-04-08	Malmsten Swim Open Stockholm 2021
04:01.87	753	Final	2019-06-30	SM/Para-SM/JSM (50m) 2019
04:02.18	750	Final	2021-04-08	Malmsten Swim Open Stockholm 2021
04:02.21	750	Final	2018-07-04	LEN: European Junior Championships
04:03.11	741	Final	2019-04-12	Malmsten Swim Open Stockholm 2019
04:04.21	731	Final	2017-07-12	Sum-Sim (50m) 2017
04:05.06	724	Final	2018-04-15	Bergen Swim Festival 2018
04:05.52	720	Final	2019-06-30	SM/Para-SM/JSM (50m) 2019
04:06.28	713	Final	2018-04-05	Malmsten Swim Open Stockholm 2018
04:06.99	707	Final	2019-06-02	Speedo Open 2019
04:07.05	706	Final	2017-04-08	Swim Open Stockholm 2017
04:07.52	702	Final	2019-06-09	DM/JDM och Vårsimiaden Final 2019
04:07.63	701	Final	2017-04-08	Swim Open Stockholm 2017
04:08.49	694	Final	2018-04-15	Bergen Swim Festival 2018
04:10.47	678	Final	2018-06-10	DM/JDM & Vår-Simiaden Final
04:10.89	674	Final	2021-03-11	JSS Open 1113 2021
04:11.08	673	Final	2016-07-10	Nordic Age Group Championships
04:11.11	673	Final	2019-03-10	UGP 3 2019
04:12.15	664	Final	2016-06-30	Sum-Sim (50m) 2016
04:13.06	657	Final	2018-02-25	Borås Speedo Meet 2018