

## Helena Fältman

Se detaljerad information och personbästatider

Gren: 100m Ryggsim (25) Personbästa: 01:17.92 AQUA-poäng: 349 Datum: 2023-12-02 Tävling: Nordic Championships

| Tid      | AQUA | Omgång | Datum      | Tävling                                |
|----------|------|--------|------------|----------------------------------------|
| 01:18.57 | 340  | Final  | 2023-12-02 | Nordic Championships                   |
| 01:19.50 | 329  | Final  | 2022-12-11 | Nordic Championships                   |
| 01:20.94 | 311  | Final  | 2022-10-09 | Polisen Head to Head 2022              |
| 01:19.74 | 326  | Final  | 2020-09-27 | Swedish Swim Games                     |
| 01:20.06 | 322  | Final  | 2023-09-24 | Swedish Swim Games 2023 - Grand Prix 1 |
| 01:20.38 | 318  | Final  | 2021-10-10 | HEAD to Head 2021                      |
| 01:22.32 | 298  | Final  | 2019-10-05 | DM 2019 Stockholm, 25m                 |
| 01:17.92 | 349  | Final  | 2023-12-02 | Nordic Championships                   |
| 01:21.69 | 305  | Final  | 2018-01-20 | JS Masters Invitational 2018           |
| 01:21.06 | 312  | Final  | 2018-05-26 | RM i Parasimning 2018                  |
| 01:21.00 | 313  | Final  | 2019-05-11 | RM Parasim 2019                        |
| 01:20.84 | 315  | Final  | 2018-10-12 | Nordiska Masters Mästerskapen          |
| 01:20.81 | 315  | Final  | 2019-12-15 | KM 2019 Spårvägen                      |
| 01:20.68 | 317  | Final  | 2020-02-09 | Malmö Open                             |
| 01:20.56 | 318  | Final  | 2019-02-09 | Malmö Open 2019                        |
| 01:19.92 | 326  | Final  | 2018-03-25 | Öppna Masters-SM (25m) 2018            |
| 01:19.62 | 327  | Final  | 2021-11-07 | Para-SM/RM (25m) 2021                  |
| 01:19.20 | 332  | Final  | 2021-10-23 | DM 25m 2021                            |
| 01:18.96 | 335  | Final  | 2022-10-23 | Para-SM RM (25m) 2022                  |
| 01:18.34 | 343  | Final  | 2023-10-29 | Para-SM/RM (25m) 2023                  |