

## Frida Berglund

Se detaljerad information och personbästatider

Gren: 400m Frisim (50) Personbästa: 04:40.16 AQUA-poäng: 622 Datum: 2014-05-03 Tävling: TYR Challenger Meet 2014

| Tid      | AQUA | Omgång | Datum      | Tävling                    |
|----------|------|--------|------------|----------------------------|
| 04:40.16 | 622  | Final  | 2014-05-03 | TYR Challenger Meet 2014   |
| 04:41.53 | 612  | Final  | 2013-06-01 | UGP 3 - 2013               |
| 04:41.73 | 609  | Final  | 2015-04-26 | Jöns Svanbergssimmet       |
| 04:41.93 | 604  | Final  | 2016-07-09 | SM/JSM (50m) 2016          |
| 04:42.99 | 603  | Final  | 2013-05-18 | Neptuniaden                |
| 04:43.21 | 602  | Final  | 2013-04-28 | Västerås Meet 2013         |
| 04:44.38 | 594  | Final  | 2014-05-25 | Neptuniaden                |
| 04:44.55 | 593  | Final  | 2013-05-04 | TYR Challenger Meet 2013   |
| 04:44.87 | 589  | Final  | 2015-06-26 | Sum-Sim (50m) 2015         |
| 04:45.18 | 587  | Final  | 2015-05-16 | TYR Challenger Meet 2015   |
| 04:45.54 | 587  | Final  | 2013-04-07 | Jöns Svanbergssimmet 2013  |
| 04:46.55 | 575  | Final  | 2016-06-12 | DM/JDM(50m) 2016           |
| 04:46.59 | 581  | Final  | 2013-06-28 | Sum-Sim (50m) 2013         |
| 04:47.13 | 577  | Final  | 2012-06-16 | UGP 3 - 2012               |
| 04:47.24 | 575  | Final  | 2015-03-08 | Öppna Östsvenska GP        |
| 04:47.61 | 555  | Final  | 2018-02-03 | Nya Vinterneptuniaden 2018 |
| 04:47.69 | 574  | Final  | 2013-06-28 | Sum-Sim (50m) 2013         |
| 04:47.85 | 573  | Final  | 2013-06-08 | DM/JDM 2013                |
| 04:49.12 | 563  | Final  | 2015-06-07 | DM/JDM 2015                |
| 04:49.26 | 565  | Final  | 2012-07-21 | Sum-Sim (50m) 2012         |