

## Alexander Frost

Se detaljerad information och personbästatider

Gren: 100m Fjärilsim (50) Personbästa: 00:57.93 AQUA-poäng: 636 Datum: 2016-03-31 Tävling: Swim Open Stockholm

| Tid      | AQUA | Omgång | Datum      | Tävling                         |
|----------|------|--------|------------|---------------------------------|
| 00:57.93 | 636  | Final  | 2016-03-31 | Swim Open Stockholm             |
| 00:58.70 | 611  | Final  | 2015-07-04 | SM/JSM (50m) 2015               |
| 00:58.78 | 608  | Final  | 2016-01-31 | Swedish Grand Prix 2016         |
| 00:59.40 | 589  | Final  | 2014-07-05 | SM/JSM (50m) 2014               |
| 00:59.97 | 573  | Final  | 2014-06-08 | Östsvenska Mästerskapen 2014    |
| 01:00.05 | 571  | Final  | 2014-06-28 | Sum-Sim (50m) 2014              |
| 01:00.06 | 570  | Final  | 2013-07-06 | NUSS 50m                        |
| 01:00.88 | 548  | Final  | 2014-03-01 | International Swim Meeting 2014 |
| 01:00.92 | 546  | Final  | 2014-05-04 | Ullbergstrofén 2014             |
| 01:00.99 | 545  | Final  | 2015-04-26 | Ullbergstrofén 2015             |
| 01:01.67 | 527  | Final  | 2015-06-07 | Östsvenska Mästerskapen 2015    |
| 01:01.79 | 524  | Final  | 2013-03-02 | International Swim Meeting 2013 |
| 01:01.79 | 524  | Final  | 2013-03-02 | International Swim Meeting 2013 |
| 01:01.95 | 520  | Final  | 2013-06-30 | Sum-Sim (50m) 2013              |
| 01:02.00 | 518  | Final  | 2012-07-21 | Sum-Sim (50m) 2012              |
| 01:02.64 | 503  | Final  | 2013-04-28 | Ullbergstrofén 2013             |
| 01:02.78 | 499  | Final  | 2012-07-21 | Sum-Sim (50m) 2012              |
| 01:04.26 | 466  | Final  | 2012-04-30 | Ullbergstrofén 2012             |
| 01:04.36 | 463  | Final  | 2012-03-03 | International Swim Meeting 2012 |
| 01:04.36 | 463  | Final  | 2012-03-03 | International Swim Meeting 2012 |