

## Sofia Henell

Se detaljerad information och personbästatider

Gren: 50m Ryggssim (25) Personbästa: 00:29.23 AQUA-poäng: 677 Datum: 2016-11-08 Tävling: SM/JSM (25m) 2016

| Tid      | AQUA | Omgång | Datum      | Tävling               |
|----------|------|--------|------------|-----------------------|
| 00:52.66 | 116  | Final  | 2005-09-17 | Delfinsimmet          |
| 00:49.38 | 140  | Final  | 2005-11-26 | Höstsimiaden          |
| 00:49.35 | 141  | Final  | 2006-04-23 | DUK-trofén            |
| 00:51.54 | 123  | Final  | 2006-05-21 | Vårsimiaden           |
| 00:47.08 | 162  | Final  | 2006-09-16 | Delfinsimmet          |
| 00:46.17 | 172  | Final  | 2006-12-09 | KM4                   |
| 00:49.45 | 140  | Final  | 2007-04-21 | Vårsimiaden           |
| 00:48.41 | 149  | Final  | 2007-05-05 | Mitt i Prick          |
| 00:46.89 | 164  | Final  | 2007-05-13 | DUK-trofén            |
| 00:48.09 | 152  | Final  | 2007-06-03 | Simiaden regionsfinal |
| 00:45.65 | 178  | Final  | 2007-11-24 | Höstsimiaden          |
| 00:43.47 | 206  | Final  | 2008-01-30 | NUSS Yngre            |
| 00:44.32 | 194  | Final  | 2008-05-31 | Simiaden regionsfinal |
| 00:40.62 | 253  | Final  | 2008-09-20 | Delfinsimmet          |
| 00:42.12 | 227  | Final  | 2008-09-28 | ÖKM                   |
| 00:41.94 | 230  | Final  | 2008-10-12 | Litho-Cup 2008        |
| 00:43.38 | 207  | Final  | 2008-11-22 | Höstsimiaden          |
| 00:40.63 | 253  | Final  | 2008-11-22 | Höstsimiaden          |
| 00:41.55 | 236  | Final  | 2008-12-06 | KM 4                  |
| 00:41.85 | 231  | Final  | 2009-01-24 | NUSS Yngre            |