

## Sofia Henell

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 00:55.24 AQUA-poäng: 752 Datum: 2018-11-18 Tävling: SM/JSM (25m) 2018

| Tid      | AQUA | Omgång | Datum      | Tävling                                          |
|----------|------|--------|------------|--------------------------------------------------|
| 00:56.55 | 729  | Final  | 2016-11-06 | SM/JSM (25m) 2016                                |
| 00:56.52 | 702  | Final  | 2022-11-27 | SM/JSM (25M) 2022                                |
| 00:56.46 | 704  | Final  | 2023-02-05 | NUSS Äldre 25m 2023                              |
| 00:56.43 | 734  | Final  | 2017-10-14 | Östsvenska Mästerskapen DM/JDM                   |
| 00:56.32 | 710  | Final  | 2023-04-30 | Ullbergstrofén final                             |
| 00:56.22 | 742  | Final  | 2017-12-01 | Nordic Swimming Championship 2017                |
| 00:56.21 | 714  | Final  | 2022-11-27 | SM/JSM (25M) 2022                                |
| 00:56.21 | 714  | Final  | 2021-11-04 | LEN European Short Course Swimming Championships |
| 00:56.17 | 715  | Final  | 2020-05-09 | Majsimmet                                        |
| 00:56.09 | 747  | Final  | 2017-09-30 | LeWa Sport Cup                                   |
| 00:56.04 | 749  | Final  | 2017-12-02 | Nordic Swimming Championship 2017                |
| 00:55.89 | 726  | Final  | 2019-12-05 | LEN European Short Course Swimming Championships |
| 00:55.73 | 733  | Final  | 2018-11-18 | SM/JSM (25m) 2018                                |
| 00:55.64 | 766  | Final  | 2017-11-05 | SM/JSM (25m) 2017                                |
| 00:55.58 | 739  | Final  | 2020-06-13 | Junisimmet                                       |
| 00:55.53 | 741  | Final  | 2019-11-17 | SM/JSM (25m) 2019                                |
| 00:55.40 | 776  | Final  | 2017-11-05 | SM/JSM (25m) 2017                                |
| 00:55.35 | 748  | Final  | 2019-11-17 | SM/JSM (25m) 2019                                |
| 00:55.24 | 752  | Final  | 2018-11-18 | SM/JSM (25m) 2018                                |