# Sofia Henell

Se detaljerad information och personbästatider

Gren: 100m Frisim (25)  Personbästa: 00:55.24  AQUA-poäng: 752 Datum: 2018-11-18 Tävling: SM/JSM (25m) 2018

| Tid | AQUA | Omgång | Datum | Tävling |
|---|---|---|---|---|
| 00:55.24 | 752 | Final | 2018-11-18 | SM/JSM (25m) 2018 |
| 00:55.35 | 748 | Final | 2019-11-17 | SM/JSM (25m) 2019 |
| 00:55.40 | 776 | Final | 2017-11-05 | SM/JSM (25m) 2017 |
| 00:55.53 | 741 | Final | 2019-11-17 | SM/JSM (25m) 2019 |
| 00:55.58 | 739 | Final | 2020-06-13 | Junisimmet |
| 00:55.64 | 766 | Final | 2017-11-05 | SM/JSM (25m) 2017 |
| 00:55.73 | 733 | Final | 2018-11-18 | SM/JSM (25m) 2018 |
| 00:55.89 | 726 | Final | 2019-12-05 | LEN European Short Course Swimming Championships |
| 00:56.04 | 749 | Final | 2017-12-02 | Nordic Swimming Championship 2017 |
| 00:56.09 | 747 | Final | 2017-09-30 | LeWa Sport Cup |
| 00:56.17 | 715 | Final | 2020-05-09 | Majsimmet |
| 00:56.21 | 714 | Final | 2021-11-04 | LEN European Short Course Swimming Championships |
| 00:56.21 | 714 | Final | 2022-11-27 | SM/JSM (25M) 2022 |
| 00:56.22 | 742 | Final | 2017-12-01 | Nordic Swimming Championship 2017 |
| 00:56.32 | 710 | Final | 2023-04-30 | Ullbergstrofén final |
| 00:56.43 | 734 | Final | 2017-10-14 | Östsvenska Mästerskapen DM/JDM |
| 00:56.46 | 704 | Final | 2023-02-05 | NUSS Äldre 25m 2023 |
| 00:56.52 | 702 | Final | 2022-11-27 | SM/JSM (25M) 2022 |
| 00:56.55 | 729 | Final | 2016-11-06 | SM/JSM (25m) 2016 |
| 00:56.57 | 728 | Final | 2016-11-06 | SM/JSM (25m) 2016 |