

Pernilla Lindberg

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:27.80 AQUA-poäng: 666 Datum: 2021-12-03 Tävling: Nordic Swimming Championships 2021

Tid	AQUA	Omgång	Datum	Tävling
04:27.80	666	Final	2021-12-03	Nordic Swimming Championships 2021
04:30.74	623	Final	2023-09-29	Barracuda Race - Henning Degerman Memorial 2023
04:32.84	609	Final	2023-11-23	SM/JSM (25m) 2023
04:33.60	624	Final	2021-10-24	DM/JDM
04:34.19	620	Final	2022-07-20	2022 Virtus European Summer Games
04:36.58	604	Final	2021-11-05	Para-SM/RM (25m) 2021
04:37.17	605	Final	2019-03-24	Öresund Meeting 2019
04:37.81	601	Final	2017-10-15	DM/JDM VSSF 25m 2017
04:38.53	596	Final	2018-02-11	Malmö Open
04:39.30	587	Final	2022-09-25	Swedish Swim Games 2022 - Grand Prix 1
04:39.86	564	Final	2023-10-27	Para-SM/RM (25m) 2023
04:40.33	581	Final	2020-10-17	DM/JDM VSSF
04:41.10	580	Final	2016-10-16	DM/JDM VSSF 25m 2016
04:46.06	551	Final	2015-09-06	ARENA USO 2015
04:48.33	540	Final	2014-09-07	Arena USO 2014
04:48.49	539	Final	2012-01-08	JDM VSSF 25 m
04:51.55	522	Final	2014-09-07	Arena USO 2014
04:52.24	519	Final	2013-01-27	KOI Kitchen CUP
04:52.27	518	Final	2014-01-26	KOI KITCHEN CUP
04:55.14	504	Final	2012-03-24	Team Sportia Swim & TYR/ UGP 2