

## Ulrika Holm

Se detaljerad information och personbästatider

Gren: 200m Medley (50) Personbästa: 02:30.79 AQUA-poäng: 585 Datum: 2012-03-02 Tävling: International Swim Meeting 2012

| Tid      | AQUA | Omgång | Datum      | Tävling                         |
|----------|------|--------|------------|---------------------------------|
| 02:30.79 | 585  | Final  | 2012-03-02 | International Swim Meeting 2012 |
| 02:31.55 | 576  | Final  | 2012-07-01 | SM/JSM (50m) 2012               |
| 02:34.91 | 540  | Final  | 2011-07-22 | SUM-SIM 2011 (50m)              |
| 02:35.65 | 532  | Final  | 2013-06-08 | DM/JDM VSSF 2013                |
| 02:36.06 | 528  | Final  | 2013-06-27 | Sum-Sim (50m) 2013              |
| 02:36.15 | 527  | Final  | 2012-04-15 | Falkenberg Race                 |
| 02:37.80 | 510  | Final  | 2011-06-03 | Speedo Open 2011                |
| 02:37.99 | 509  | Final  | 2012-05-18 | Speedo Open 2012                |
| 02:38.88 | 500  | Final  | 2011-06-11 | DM/JDM VSSF 2011                |
| 02:39.31 | 496  | Final  | 2011-06-19 | UGP3 / Bockstensdoppet          |
| 02:42.02 | 472  | Final  | 2012-04-29 | Ullbergstrofén 2012             |
| 02:42.94 | 464  | Final  | 2010-07-04 | UGP3 / Bockstensdoppet 2010     |
| 02:43.24 | 461  | Final  | 2011-04-30 | Ullbergstrofén 2011             |
| 02:47.42 | 427  | Final  | 2010-05-14 | Speedo Open 2010                |
| 02:48.38 | 420  | Final  | 2009-07-14 | NUSS Äldre och Yngre            |
| 02:48.57 | 419  | Final  | 2010-04-10 | Falkenberg Speedo Race          |
| 02:48.77 | 417  | Final  | 2009-06-28 | UGP3/Bockstensdoppet            |
| 02:56.07 | 367  | Final  | 2009-05-22 | Speedo Open 2009                |
| 03:02.83 | 328  | Final  | 2008-07-05 | NUSS Yngre                      |