

Adam Paulsson

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:07.48 AQUA-poäng: 861 Datum: 2019-11-17 Tävling: SM/JSM (25m) 2019

Tid	AQUA	Omgång	Datum	Tävling
04:20.72	736	Final	2017-11-05	SM/JSM (25m) 2017
04:20.82	736	Final	2019-11-17	SM/JSM (25m) 2019
04:23.51	713	Final	2013-11-24	SM/JSM (25m) 2013
04:31.59	651	Final	2012-12-15	Nordic Junior Championships
04:50.54	532	Final	2010-02-04	JSM (25m)
04:13.37	802	Final	2017-12-14	LEN European Short Course Swimming Championships
04:13.96	797	Final	2016-12-10	13th FINA World Swimming Championships
04:14.16	795	Final	2018-12-15	FINA: 14th World Short Course Championships
04:25.99	694	Final	2012-01-29	JSM (25m) 2012
04:29.27	668	Final	2011-02-06	JSM (25m) 2011
04:18.73	754	Final	2015-11-08	SM/JSM (25m) 2015
04:16.17	776	Final	2014-11-23	SM/JSM (25m) 2014
04:17.29	766	Final	2016-11-08	SM/JSM (25m) 2016
04:25.03	701	Final	2012-11-25	SM (25m) 2012
04:18.01	760	Final	2018-11-18	SM/JSM (25m) 2018
04:14.89	788	Final	2014-11-23	SM/JSM (25m) 2014
04:15.27	785	Final	2016-10-08	Swedish Swim Games 2016
04:09.37	842	Final	2015-11-08	SM/JSM (25m) 2015
04:08.81	847	Final	2018-11-18	SM/JSM (25m) 2018
05:52.59	297	Final	2007-09-16	UGP 3 - Toyota Cup