

Simon Frank

Se detaljerad information och personbästatider

Gren: 100m Ryggswim (50) Personbästa: 00:56.92 AQUA-poäng: 759 Datum: 2012-07-28 Tävlings: Campeonatos Nacionais de Juvenis e Absolutos de Portugal - OPEN

Tid	AQUA	Omgång	Datum	Tävling
00:56.92	759	Final	2012-07-28	Campeonatos Nacionais de Juvenis e Absolutos de Portugal - OPEN
00:57.37	742	Final	2012-07-28	Campeonatos Nacionais de Juvenis e Absolutos de Portugal - OPEN
00:57.50	737	Final	2012-07-01	SM/JSM (50m) 2012
00:57.72	728	Final	2013-07-05	SM/JSM (50m) 2013
00:57.76	727	Final	2012-06-28	SM/JSM (50m) 2012
00:57.95	720	Final	2014-07-04	SM/JSM (50m) 2014
00:57.98	718	Final	2012-07-01	SM/JSM (50m) 2012
00:58.11	714	Final	2015-07-02	SM/JSM (50m) 2015
00:58.43	702	Final	2013-06-08	DM/JDM 2013
00:58.84	687	Final	2012-06-28	SM/JSM (50m) 2012
00:58.87	686	Final	2016-07-08	SM/JSM (50m) 2016
00:59.08	679	Final	2015-07-03	SM/JSM (50m) 2015
00:59.21	675	Final	2015-07-02	SM/JSM (50m) 2015
00:59.34	670	Final	2016-07-07	SM/JSM (50m) 2016
00:59.41	668	Final	2016-07-07	SM/JSM (50m) 2016
00:59.86	653	Final	2011-07-02	SM/JSM (50m) 2011
01:00.42	631	Final	2018-07-06	SM/Para-SM/JSM (50m) 2018
01:01.85	589	Final	2017-06-03	DM(50m)-2017
01:02.19	582	Final	2008-05-31	Wella Cup 2008
01:02.40	576	Final	2009-06-14	DM/JDM (50m) 2009